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July 27 - August 2, 2019

Legal eagles

Cush Jumbo stars in "The Good Fight"

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On the Cover

The 'Good' spinoff: CBS pulls no punches in 'The Good Fight'

By Breanna Henry
TV Media

Christine Baranski as seen in "The Good Fight"

Upon beginning research for the article you are currently reading, the first thing I did was ask my mother if she had ever watched "The Good Wife" or "The Good Fight." She replied to my text message instantly and wrote simply: "Love them both." Perhaps a mom's glowing three-word review isn't typically the thing to set someone on a 10-season-long law-drama television binge, but this is a show that is almost impossible to talk about without mentioning strong, intelligent and empowered women, and my mom fits that bill to a T, so why not take her word for it?

"The Good Fight" is actually a CBS All Access series, and it wrapped up its third season on the streamer in mid-May. But this summer, CBS itself has graciously started airing Season 1 in a primetime Sunday slot, which allows new viewers (and fans who just miss the series) to watch it from the beginning. The ninth episode, titled "Self Condemned," airs Sunday, July 28, on the eye network, and I, for one, and my mother, for two, strongly suggest tuning in to catch Christine Baranski ("Mamma Mia!," 2008) as lawyer Diane Lockhart, Cush Jumbo ("Vera") as Reddick Boseman & Kolstad law firm associate Lucca Quinn, and Rose Leslie ("Game of Thrones") as Maia, who recently passed her bar exam and got herself and her godmother, Diane, mixed up in a whole heap of trouble.

In the very first episode ("Inauguration"), the liberal politics of "The Good Fight" are laid bare, as Diane decides to retire in the wake of Donald Trump's election and prepares to move south for some well-earned rest and relaxation.

Unfortunately, a wrench is thrown into Diane's plan in the form of an elaborate Ponzi scheme, and voilà — we have everything we need for one of television's greatest spinoffs. A couple of arrests, a few affairs and plenty of bad tweets later, we find ourselves one episode away from the Season 1 finale, and Diane is prepared to lay it all on the line for the FBI and uncover some distressing repressed memories.

The current political and social climate can often push media towards an extreme attempt at sitting on the fence, which can make a series feel bland or fake instead of having the desired effect of making it seem sensitive or unbiased. "The Good Fight" doesn't have that problem. While both sides of socioeconomic and political debates are shown, the series doesn't shy away from having an opinion. The bias towards social liberalism and democratic political leanings may alienate some viewers, but the show's honest and unapologetic nature is exactly what grasps many fans in the first place, including those who felt "The Good Wife" tended to be a bit weaker in that department — its social commentary was overshadowed by romantic storylines.

"The Good Fight" isn't all talk, either. Not only is "The Good Fight" the first television show ever to be based in an African-American-owned law firm, more than 50 per cent of its technical crew members and set staff are women or people of color (or both). In an interview with Collider, Jumbo said that "the [showrunners'] starting point is always just to have the best actors that they can have. I want to be in the best show on television, and I want to do the best work that I can ... none of us wants any of that to do with the way we look or who we are, but it also should be commented on and should be talked about because we're one of the only shows doing it."

Showrunners Michelle and Robert King, who also created "The Good Wife," were allowed much more creative freedom with their new series on CBS All Access, and the show has a shorter, 10-episode season, which is why "The Good Fight" is able to hit harder and pull fewer punches than "The Good Wife" could; don't be surprised to see much darker subjects explored, or to hear a little bit of foul language.

The only film trope more consistent than the bad sequel is probably the terrible spinoff, but "The Good Fight" came out swinging and continues to beat both of those assumptions into the dust. The show's predecessor, "The Good Wife," which ended after seven seasons in 2016, was well reviewed, despite many fans feeling the show had already run its course by the end of the fifth.

Apparently, what the Kings needed was a bit of a fresh start, because while it makes use of characters and storylines from the prequel, "The Good Fight" stands strong on its own. Since many people are already caught up with the show on CBS All Access, you're going to want to be quick on your feet in order to dodge spoilers; the best way to avoid them is to make sure you catch the most recent episodes as they come out. The best part is, you still have two whole seasons to watch after the season finale airs, so you won't want to miss what happens next.

A new episode of "The Good Fight" airs Sunday, July 28, on CBS.

1	5	7	9	6	3	8	4	2
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6	8	3	5	2	4	9	1	7
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2	3	8	6	5	9	1	7	4
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Sports This Week

Saturday

7:00 a.m. DISC Major League Fishing (2h)
ESPN SportsCenter (1h)
WGN Wingshooting USA (30m)
8:00 a.m. WECT WITN WRAL UCI Cycling Stage 20 Albertville - Val Thorens Tour de France. (Live) (4h)
ESPN SportsCenter (1h)
8:55 a.m. ESPN2 F1 Auto Racing Qualifying German Grand Prix. From Hockenheimring-- Hockenheim, Germany (Live) (1h05)
9:00 a.m. CNBC Golf Round 3 The Evian Championship. From Evian Resort Golf Club-- Evian-les-Bains, France (Live) (2h30)
ESPN SportsCenter (1h)
10:00 a.m. ESPN SportsCenter (1h)
FSS Ship Shape TV (30m)
11:00 a.m. ESPN SportsCenter (1h)
Noon WECT WITN WRAL Golf Round 3 Senior Open Championship. From Royal Lytham & St. Annes Golf Club-- Lancashire, England (Live) (2h)
ESPN Basketball Regional The Tournament. From SRC Arena and Events Center-- Syracuse, N.Y. (Live) (2h)
12:30 p.m. WRAZ NASCAR RaceDay (Live) (30m)
1:00 p.m. WNCN Major League Fishing (1h)
WRAZ NASCAR Truck Racing Gander Outdoors Series Gander RV 150. From Pocono Raceway-- Pocono, Pa. (Live) (2h)
WTVD Sports Gone Wild (1h)
2:00 p.m. WECT WITN WRAL FINA Aquatics World Championships. Gwangju, South Korea (2h)
WNCN Golf Round 3 WGC: St. Jude Invitational. From TPC Southwind-- Memphis, Tenn. (Live) (4h)
ESPN Basketball Regional The Tournament. From Charles Koch Arena-- Wichita, Kan. (Live) (2h)
3:00 p.m. WRAZ PBC Countdown (1h)
3:30 p.m. WRDC Raceweek (30m)
WTVD WNBA Basketball All-Star Game. From Mandalay Bay Events Center-- Las Vegas, Nev. (Live) (2h30)
4:00 p.m. WECT WITN WRAL USATF Track & Field Outdoor Championship. From Drake Stadium-- Des Moines, Iowa (Live) (2h)
WLFL Ring of Honor Wrestling (1h)
ESPN Basketball Regional The Tournament. From Charles Koch Arena-- Wichita, Kan. (Live) (2h)
6:00 p.m. ESPN SportsCenter (1h)
6:30 p.m. FSS Braves Live! Pre-game Show (Live) (30m)
7:00 p.m. ESPN SportsCenter (1h)
ESPN2 MLL Lacrosse All-Star Game. From Navy-Marine Corps Memorial Stadium-- Annapolis, Md. (Live) (2h30)
FSS MLB Baseball Atlanta Braves at Philadelphia Phillies. From Citizens Bank Park-- Philadelphia, Pa. (Live) (3h)
7:55 p.m. WUVC MFL Fútbol Club América at León. From Estadio León-- León, Mexico (Live) (2h)
8:00 p.m. ESPN UFC UFC 240 Preliminaries From Rogers Place-- Edmonton, Alta. (Live) (2h)
9:55 p.m. WUVC MFL Fútbol Toluca vs. Cruz Azul. (Live) (2h05)
10:00 p.m. WRDC Ring of Honor Wrestling (1h)
ESPN SportsCenter (1h)
FSS Braves Live! Post-game Show (Live) (30m)
11:00 p.m. ESPN SportsCenter (1h)
Midnight ESPN SportsCenter (1h)

Sunday

6:30 a.m. WITN Carolina Outdoor Journal (30m)
7:00 a.m. ESPN SportsCenter (1h)
8:00 a.m. ESPN SportsCenter (30m)
8:30 a.m. ESPN Formula One on the Grid Live (Live) (35m)
ESPN2 SportsCenter (30m)
9:00 a.m. CNBC Golf Final Round The Evian Championship. From Evian Resort Golf Club-- Evian-les-Bains, France (Live) (2h30)
ESPN2 SportsCenter (1h)
9:05 a.m. ESPN F1 Auto Racing German Grand Prix. From Hockenheimring-- Hockenheim, Germany (Live) (1h55)
10:00 a.m. ESPN2 SportsCenter (1h)
11:00 a.m. ESPN SportsCenter (1h)
FSS Focused (30m)
11:30 a.m. WITN Panthers Huddle (30m)
FSS Destination Polaris (30m)
Noon WECT WITN WRAL Golf Final Round Senior Open Championship. From Royal Lytham & St. Annes Golf Club-- Lancashire, England (Live) (2h)
WUVC Fútbol Central (30m)
ESPN Basketball Regional Final The Tournament. From Stuart Siegel Center-- Richmond, Va. (Live) (2h)
ESPN2 E:60 (1h)
12:30 p.m. WUVC MFL Fútbol Necaxa at UNAM. From Estadio Olimpico Universitario-- Mexico City, Mexico (Live) (2h30)
FSS Braves Live! Pre-game Show (Live) (30m)
1:00 p.m. WNCN PGA Tour Special (1h)
FSS MLB Baseball Atlanta Braves at Philadelphia Phillies. From Citizens Bank Park-- Philadelphia, Pa. (Live) (3h)
1:30 p.m. TBS MLB Baseball Los Angeles Dodgers at Washington Nationals. From Nationals Park-- Washington, D.C. (Live) (3h)
2:00 p.m. WECT WITN WRAL UCI Cycling Stage 21 Rambouillet - Paris Champs-Élysées Tour de France. (Live) (2h)
WNCN Golf Final Round WGC: St. Jude Invitational. From TPC Southwind-- Memphis, Tenn. (Live) (4h)
ESPN Basketball Regional Final The Tournament. From SRC Arena and Events Center-- Syracuse, N.Y. (Live) (2h)
3:00 p.m. WUVC Republica deportiva (1h)
WRDC Ring of Honor Wrestling (1h)
WTVD World of X Games (1h)
ESPN2 Soccer AC Milan vs. Benfica International Champions Cup. From Gillette Stadium-- Foxborough, Mass. (Live) (2h)
4:00 p.m. WECT WITN WRAL Indy-Car Auto Racing Honda Indy 200. From Mid-Ohio Sports Car Course-- Lexington, Ohio (Live) (1h45)
WTVD World of X Games (1h)
ESPN Basketball Regional Final The Tournament. From Charles Koch Arena-- Wichita, Kan. (Live) (2h)
FSS Braves Live! Post-game Show (Live) (30m)
5:00 p.m. WRAZ NHRA Drag Racing Sonoma Nationals. From Sonoma Raceway-- Sonoma, Calif. (Live) (2h)
FSS Cliff Diving Dubai, UAE (1h)
5:45 p.m. WECT WITN WRAL Indy-Car Series Post-race (Live) (15m)
6:00 p.m. ESPN Baseball Tonight (Live) (1h)
7:00 p.m. ESPN MLB Baseball New York Yankees at Boston Red Sox. From Fenway Park-- Boston, Mass. (Live) (3h)
ESPN2 Baseball (Live) (3h)
FSS WPT Poker Cash Game Las Vegas, Nev. (1h)
8:00 p.m. WECT WITN WRAL USATF Track & Field Outdoor Championship. From Drake Stadium-- Des Moines, Iowa (Live) (1h)
FSS WPT Poker Cash Game Las Vegas, Nev. (1h)
10:00 p.m. ESPN SportsCenter (1h)
ESPN2 F1 Auto Racing German Grand Prix. From Hockenheimring-- Hockenheim, Germany (2h30)
11:00 p.m. ESPN SportsCenter (1h30)
11:35 p.m. WRAL The James Brown Show (29m)
Midnight WUVC La Jugada (1h)

Monday

6:00 a.m. ESPN2 Golic and Wingo (Live) (2h)
7:00 a.m. ESPN SportsCenter (1h)
8:00 a.m. ESPN Get Up! (Live) (2h)
ESPN2 SportsCenter (1h)
9:00 a.m. ESPN2 SportsCenter (1h)
10:00 a.m. ESPN First Take (Live) (2h)
ESPN2 Get Up! (2h)
Noon ESPN SportsCenter (1h)
ESPN2 First Take (2h)
1:00 p.m. ESPN Outside the Lines (Live) (30m)
1:30 p.m. ESPN NFL Live (Live) (1h30)
2:00 p.m. ESPN2 Jalen & Jacoby (1h)
3:00 p.m. ESPN NBA: The Jump (Live) (1h)
ESPN2 NFL Live (1h30)
4:00 p.m. ESPN High Noon (30m)
4:30 p.m. ESPN Highly Questionable (30m)
ESPN2 College Football Live (Live) (30m)
5:00 p.m. ESPN Around the Horn (30m)
ESPN2 High Noon (30m)
5:30 p.m. ESPN Pardon the Interruption (30m)
ESPN2 Highly Questionable (30m)
6:00 p.m. ESPN SportsCenter (1h)
ESPN2 Around the Horn (30m)
6:30 p.m. ESPN2 Pardon the Interruption (30m)
7:00 p.m. ESPN MLB Baseball (Live) (3h)
8:00 p.m. ESPN2 SportsCenter Special (30m)
USA WWE Monday Night Raw (3h)
8:30 p.m. ESPN2 30 for 30 (1h30)
10:00 p.m. ESPN SportsCenter (1h)
11:00 p.m. ESPN SportsCenter (1h)
Midnight WUVC Contacto Deportivo (1h)
ESPN SportsCenter (1h)

Tuesday

6:00 a.m. ESPN2 Golic and Wingo (Live) (2h)
7:00 a.m. ESPN SportsCenter (1h)
8:00 a.m. ESPN Get Up! (Live) (2h)
ESPN2 SportsCenter (1h)
9:00 a.m. ESPN2 SportsCenter (1h)
10:00 a.m. ESPN First Take (Live) (2h)
ESPN2 Get Up! (2h)
Noon ESPN SportsCenter (1h)
ESPN2 First Take (2h)
1:00 p.m. ESPN Outside the Lines (Live) (30m)
1:30 p.m. ESPN NFL Live (Live) (1h30)
2:00 p.m. ESPN2 Jalen & Jacoby (1h)
3:00 p.m. ESPN NBA: The Jump (Live) (1h)
ESPN2 NFL Live (1h30)
4:00 p.m. ESPN High Noon (30m)
FSS Arenacross Chicago, Ill. (1h)
4:30 p.m. ESPN Highly Questionable (30m)
ESPN2 College Football Live (Live) (30m)
5:00 p.m. ESPN Around the Horn (30m)
ESPN2 High Noon (30m)
FSS Bob Redfern's Outdoor Magazine (30m)
5:30 p.m. ESPN Pardon the Interruption (30m)
ESPN2 Highly Questionable (30m)
6:00 p.m. ESPN SportsCenter (1h)
ESPN2 Around the Horn (30m)
6:30 p.m. ESPN2 Pardon the Interruption (30m)
7:00 p.m. ESPN E:60 Pictures (1h)
ESPN2 NBA: The Jump (1h)
8:00 p.m. ESPN 30 for 30 (1h)
ESPN2 Baseball (Live) (2h30)
FSS Champions Tennis QQQ Series Legends. Charleston, S.C. (2h)
USA WWE Super Smackdown (2h)
11:00 p.m. ESPN SportsCenter (1h)
Midnight WUVC Contacto Deportivo (1h)
ESPN SportsCenter (1h)
ESPN2 Ariel Helwani's MMA Show (1h)

Wednesday

6:00 a.m. ESPN2 Golic and Wingo (Live) (2h)
7:00 a.m. ESPN SportsCenter (1h)
8:00 a.m. ESPN Get Up! (Live) (2h)
ESPN2 SportsCenter (1h)
9:00 a.m. ESPN2 SportsCenter (1h)
10:00 a.m. ESPN First Take (Live) (2h)
ESPN2 Get Up! (2h)
Noon ESPN SportsCenter (1h)
ESPN2 First Take (2h)
1:00 p.m. ESPN SportsCenter (30m)
1:30 p.m. ESPN NFL Live (Live) (1h30)
2:00 p.m. ESPN2 Baseball Tonight (Live) (2h30)
3:00 p.m. ESPN NBA: The Jump (Live) (1h)
4:00 p.m. ESPN High Noon (30m)
4:30 p.m. ESPN Highly Questionable (30m)
ESPN2 College Football Live (Live) (30m)
5:00 p.m. ESPN Around the Horn (30m)
ESPN2 High Noon (30m)
5:30 p.m. ESPN Pardon the Interruption (30m)
ESPN2 Highly Questionable (30m)
6:00 p.m. ESPN SportsCenter (1h)
ESPN2 Around the Horn (30m)
6:30 p.m. ESPN2 Pardon the Interruption (30m)
7:00 p.m. ESPN Basketball Quarter-final The Tournament. (Live) (2h)
ESPN2 CFL Football Winnipeg Blue Bombers at Toronto Argonauts. From BMO Field-- Toronto, Ont. (Live) (3h)
8:00 p.m. WECT WITN WRAL NFL Football Denver Broncos vs. Atlanta Falcons. Hall of Fame Game. From Tom Benson Hall of Fame Stadium-- Canton, Ohio (Live) (3h)
9:00 p.m. ESPN X Games Minneapolis 2019 (Live) (2h)
10:00 p.m. ESPN2 WNBA Basketball Las Vegas Aces at Los Angeles Sparks. From Staples Center-- Los Angeles, Calif. (Live) (2h)
11:00 p.m. ESPN SportsCenter (1h)
Midnight WUVC Contacto Deportivo (1h)
ESPN SportsCenter (1h)

Thursday

6:00 a.m. ESPN2 Golic and Wingo (Live) (2h)
7:00 a.m. ESPN SportsCenter (1h)
8:00 a.m. ESPN Get Up! (Live) (2h)
ESPN2 SportsCenter (1h)
9:00 a.m. ESPN2 SportsCenter (1h)
10:00 a.m. ESPN First Take (Live) (2h)
ESPN2 Get Up! (2h)
Noon ESPN SportsCenter (1h)
ESPN2 First Take (2h)
1:00 p.m. ESPN Outside the Lines (Live) (30m)
1:30 p.m. ESPN NFL Live (Live) (1h30)
2:00 p.m. ESPN2 Jalen & Jacoby (1h)
3:00 p.m. ESPN NBA: The Jump (Live) (1h)
ESPN2 NFL Live (1h30)
4:00 p.m. ESPN High Noon (30m)
4:30 p.m. ESPN Highly Questionable (30m)
ESPN2 College Football Live (Live) (30m)
5:00 p.m. ESPN Around the Horn (30m)
ESPN2 High Noon (30m)
5:30 p.m. ESPN Pardon the Interruption (30m)
ESPN2 Highly Questionable (30m)
6:00 p.m. ESPN SportsCenter (1h)
ESPN2 Around the Horn (30m)
6:30 p.m. ESPN2 Pardon the Interruption (30m)
7:00 p.m. ESPN Basketball Quarter-final The Tournament. (Live) (2h)
ESPN2 CFL Football Winnipeg Blue Bombers at Toronto Argonauts. From BMO Field-- Toronto, Ont. (Live) (3h)
8:00 p.m. WECT WITN WRAL NFL Football Denver Broncos vs. Atlanta Falcons. Hall of Fame Game. From Tom Benson Hall of Fame Stadium-- Canton, Ohio (Live) (3h)
9:00 p.m. ESPN X Games Minneapolis 2019 (Live) (2h)
10:00 p.m. ESPN2 WNBA Basketball Las Vegas Aces at Los Angeles Sparks. From Staples Center-- Los Angeles, Calif. (Live) (2h)
11:00 p.m. ESPN SportsCenter (1h)
Midnight WUVC Contacto Deportivo (1h)
ESPN SportsCenter (1h)

Friday

6:30 a.m. ESPN2 Golic and Wingo (Live) (1h30)
7:00 a.m. ESPN SportsCenter (1h)
8:00 a.m. ESPN Get Up! (Live) (2h)
ESPN2 SportsCenter (1h)
9:00 a.m. ESPN2 SportsCenter (1h)
10:00 a.m. ESPN First Take (Live) (2h)
ESPN2 Get Up! (2h)
Noon ESPN SportsCenter (1h)
ESPN2 First Take (2h)
1:00 p.m. ESPN Outside the Lines (Live) (30m)
1:30 p.m. ESPN NFL Live (Live) (1h30)
2:00 p.m. ESPN2 Jalen & Jacoby (1h)
3:00 p.m. ESPN NBA: The Jump (Live) (1h)
ESPN2 NFL Live (1h30)
4:00 p.m. ESPN High Noon (30m)
4:30 p.m. ESPN Highly Questionable (30m)
ESPN2 College Football Live (Live) (30m)
5:00 p.m. ESPN Around the Horn (30m)
ESPN2 High Noon (30m)
5:30 p.m. ESPN Pardon the Interruption (30m)
ESPN2 Highly Questionable (30m)
6:00 p.m. ESPN SportsCenter (1h)
ESPN2 Around the Horn (30m)
6:30 p.m. ESPN2 Pardon the Interruption (30m)
FSS Braves Live! Pre-game Show (Live) (45m)
7:00 p.m. ESPN Basketball Quarter-final The Tournament. From Wintrust Arena-- Chicago, Ill. (Live) (2h)
7:15 p.m. FSS MLB Baseball Cincinnati Reds at Atlanta Braves. From SunTrust Park-- Atlanta, Ga. (Live) (3h)
9:00 p.m. ESPN X Games Minneapolis 2019 (Live) (3h)
ESPN2 Basketball Quarter-final The Tournament Dunk Contest. From Wintrust Arena-- Chicago, Ill. (Live) (30m)
9:30 p.m. ESPN2 Basketball Quarter-final The Tournament. From Wintrust Arena-- Chicago, Ill. (Live) (2h)
10:15 p.m. FSS Braves Live! Post-game Show (Live) (45m)
11:00 p.m. TBS ELeague (1h)
Midnight WUVC Combate Americas (1h30)
ESPN SportsCenter (1h)

SATURDAY DAYTIME

JULY 27, 2019

			8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
BROADCAST CHANNELS																		
WCET 6	-	-	**UCI Cycling** Tour de France (L) TVG								**Golf** Senior Open Championship Round 3 Site: Royal Lytham & St. Annes Golf Club (L) TVG				**FINA Aquatics** World Championships -- Gwangju, South Korea TVG			
WFPX 62	47	47	**Paid Program**	**Paid Program**	**Law & Order: S.V.U.** "Parole Violations" TV14		**Law & Order: S.V.U.** "Devastating Story" TV14		**Law & Order: S.V.U.** "Granting Immunity" TV14		**Law & Order: S.V.U.** "Daydream Believer" TV14		**Law & Order: S.V.U.** "Perverted Justice" TV14		**Law & Order: S.V.U.** "Parent's Nightmare" TV14		**Law & Order: S.V.U.** "Surrendering Noah" TV14	
WITN 7	-	-	**UCI Cycling** Tour de France (L) TVG								**Golf** Senior Open Championship Round 3 Site: Royal Lytham & St. Annes Golf Club (L) TVG				**FINA Aquatics** World Championships -- Gwangju, South Korea TVG			
WUVC 40	40	-	**Planeta de Niños**	**Planeta de Niños**	**Atencion Atencion**	**Atencion Atencion**	**Naturaleza Humana**	**Naturaleza Humana**	**Programa pagado**	**Programa pagado**	**Programa pagado**	**Programa pagado**	**Sin Rollo**		**Cuentamelo Ya!... Al Fin**		(:55) **Nosotro guapos**	**Nosotros los guapos**
WLFL 22	22	22	**Ready, Set, Pet**	**The Wildlife Docs**	**This Old House**	**Welcome Home**	**Animal Tales**	**MentionIn-vention**	**Good Feet Store**	**Paid Program**	**Paid Program**	**Paid Program**	**★★★ The Virgin Suicides** ('00, Com/Dra) A quartet of boys obsesses over five teenage sisters. TVMA				**Paid Program**	**Paid Program**
WNCN 17	17	17	(7:00) **CBS This Morning Saturday** (N) TVG		**CBS 17 News at 9:00 a.m.** (N) TVG		**Lucky Dog**	**Dr. Chris Pet Vet**	**Innovation Nation**	**Hope in the Wild**	**Tails of Valor**	**The Inspectors**	**Major League Fishing** (N) TVG		**Golf** WGC: St. Jude Invitational Round 3 Site: TPC Southwind -- Memphis, Tenn. (L) TVG			
WRAL 5	5	5	**UCI Cycling** Tour de France (L) TVG								**Golf** Senior Open Championship Round 3 Site: Royal Lytham & St. Annes Golf Club (L) TVG				**FINA Aquatics** World Championships -- Gwangju, South Korea TVG			
WRAZ 50	50	50	**Earth 2050** (N)	**Outer Space** (N)	**Awesome Planet** (N)	**Weird But True** (N)	**Weekend Marketplace** TVG				**Paid Program**	**NASCAR RaceDay** (L)	**NASCAR Truck Racing** Gander RV 150 Gander Outdoors Series Site: Pocono Raceway -- Pocono, Pa. (L) TVG				**PBC** "Adam Kownacki vs. Chris Arreola" (N) TVPG	
WRDC 28	28	28	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**Wild America**	**Raw Travel** "Tahiti"	**Good Feet Store**	**Paid Program**	**Ocean Mysteries**	**Ocean Mysteries**	**Outback Adventures**	**Rock the Park**	**Rock the Park**	**CultureClick** "Make-Up"	**Three Wide Life**	**Raceweek**
WTVD 11	11	11	**Good Morning America Saturday** TVPG		**ABC 11 Eyewitness News at 9:00 a.m.** (N) TVG		**Wild Countdown**	**Ocean Treks**	**Hearts of Heroes**	**The Great Dr. Scott**	**Rock the Park**	**Vacation Creation**	**Sports Gone Wild** TVG		**Paid Program**	**Sp. Olympics** "Celebrating Game-Changers" (N) TVG		**WNBA Basketball**
WUNC 4	4	36	**Pinkalicious & Peterrific**	**Molly of Denali**	**Let's Go Luna!**	**Nature Cat**	**NC W'end/**:20 **SchiNC**	**ncImpact/**(:50) **My Home**	**Urban Conversion**	**Garden** "Extremes"	**Garden Smart**	**America's Heartland**	**Antiques Roadshow** "Vintage Bismarck" TVG		**Steves' Euro** "Romania"	**Places to Love**	**Craftsman Legacy**	**American Woodshop**
CABLE CHANNELS																		
A&E	132	166	**Flipping Vegas** "Hoarder House" TVPG		**Flipping Vegas** "Frat House" TVPG		**Zombie House Flip.** "Fleas, Floods and Fries" TVPG		**Zombie House Flipping** "Lien on Me" TVPG		**Live Rescue** Rescue workers putting their lives on the line. TV14				**Live PD** Live access inside the country's busiest police forces. TV14			
AMC	119	114	5: **Terminat**...	**★★★★ The Matrix** ('99, Sci-Fi) Laurence Fishburne, Keanu Reeves. A computer hacker learns that his entire reality is merely a computer-created illusion. TVMA						**★★★ The Matrix Reloaded** ('03, Sci-Fi) Keanu Reeves. Neo and rebel leaders have 72 hours to stop an army of machines sent to destroy humankind. TVMA						**★★★ The Matrix Revolutions** ('03, Sci-Fi) TV14		
ANPL	252	252	**Tanked!** "Polar Opposites" TVPG		**Tanked!** "Groovy Sarcophagus, Man" TVPG		**Tanked!** "Jurassic Campground" TVPG		**Tanked!** "Smiling Is the Best Medicine" TVPG		**Tanked!** "Give a Dog a Phone" TVPG		**Tanked!** "The Pirate Queen" TVPG		**Tanked!** "Bellagio Makeover" TVPG		**Scaled** "Uromastyx Dino Wasteland" TVPG	
BET	155	155	**Fresh Prince**	**Fresh Prince**	**Fresh Prince**	**Fresh Prince**	**Fresh Prince**	**Fresh Prince**	**Martin**	**Martin**	**Martin**	**Martin**	**Martin**	**Martin**	**★★★ Two Can Play That Game** ('01, Com) TVMA			
CNBC	216	216	**Paid**	**Paid**	**Golf** The Evian Championship Round 3 (L) TVG					**Paid**	**Paid**	**Paid**	**Paid**	**Paid**	**Paid**	**Paid**	**Vaporized: America**	
CNN	202	202	**New Day Weekend**		**Smerconish**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**	
COMC	140	140	**Parks** "Two Funerals"	(:35) **Parks and Rec**	(:10) **Parks and Rec**	(:45) **Parks** "Pilot"	(:20) **Parks and Recreation** "Canvassing" TVPG		(:55) **Parks and Rec**	**Parks/Rec** "Boys' Club"	**Parks** "The Banquet"	**Parks** "Rock Show"	**Parks and Recreation**	**Parks** "The Stakeout"	**The Office**	**Office** "Body Language"	**Office** "The Cover-Up"	**Office** "The Chump"
CSPAN	230	230	**The Communicators** TVPG				**Washington This Week** TVG											
DISC	120	120	(7:00) **Major League Fishing** TVG		**Naked and Afraid** "Damned in Africa" TV14		**Naked and Afraid** "Breaking Borneo" TV14		**Naked and Afraid** "Blood in the Water" TV14		**Naked and Afraid** TV14		**Naked and Afraid** "Lord of the Rats" TV14		**Naked** "Punishment in Panama" TV14		**Naked and Afraid** "Playing With Fire" TV14	
DISN	302	302	(7:00) **Descendants** ('15, Fam) TVG		(:05) **Descendants 2** ('17, Fant) Dove Cameron. Uma tries to break down the barrier to Auradon. TVPG				(:10) **Descendants** ('15, Fam) Dove Cameron. What happens after the 'happily ever after' unfolds. TVG				(:15) **Descendants 2** ('17, Fant) Dove Cameron. Uma tries to break down the barrier to Auradon. TVPG				(:20) **Descendants** ('15, Fam) TVG	
ESPN	602	26	**SportsC.** The day's news in the world of sports. (N) TVG		**SportsC.** The day's news in the world of sports. (N) TVG		**SportsC.** The day's news in the world of sports. (N) TVG		**SportsC.** The day's news in the world of sports. (N) TVG		**Basketball** The Tournament Regional Site: SRC Arena and Events Center -- Syracuse, N.Y. (L) TVG				**Basketball** The Tournament Regional Site: Charles Koch Arena -- Wichita, Kan. (L) TVG			
ESPN2	606	27	(7:00) **F1 Auto Racing** British Grand Prix TVG		(:55) **F1 Auto Racing** German Grand Prix (L) TVG		**Pan American Games** -- Lima, Peru (L)						**ISKA Karate** World Championship TVG		**Unlocking** "UFC 240"	**30 for 30** "The Good, the Bad, the Hungry" TVG		
FREE	178	178	(7:00) **★★★ She's All That**		**★★★ Maid in Manhattan** ('02, Com) TV14					**★★★ Twilight** ('08, Dra) A teenage girl and a vampire fall in love. TV14						**The Twilight Saga: New Moon** TV14		
FOOD	452	452	**Barefoot**	**Giada Italy**	**S. Kitchen**	**S. Kitchen**	**Pioneer** (N)	**Pioneer**	**The Kitchen** (N)		**Southern** (N)	**GirlFarm**	**Cupcake** "Imposters"		**Bakers** "Piece of Cake"		**Diners, Drive-Ins**	
FNC	210	210	(6:00) **Fox & Friends Saturday** TVG				**Cavuto Live** Breaking down of the major headlines.				**America's News HQ** TVG				**America's News HQ**		**Journal Editorial R.**	
FSS	726	726	(6:00) **MLB Baseball** Atlanta vs Philadelphia TVG		**ACC** "Best of Football"	**Focused**	**Ship Shape TV** (N)	**Bob Redfern**	**Spot.** "Joe Namath"	**ACC** "Best of Football"	**PBA Bowling** Elias Cup Quarter-final Site: Bayside Bowl -- Portland, Me. TVG				**PBA Bowling** Elias Cup Semifinal Site: Bayside Bowl -- Portland, Me. TVG			
FX	129	128	**Met Mother**	**Met Mother**	**The Weekly**	**★★★ The Other Woman** ('14, Com) TVMA					**Snatched** ('17, Act) TVMA				**Hidden Figures** ('16, Dra) TVPG			
HALL	365	175	(7:00) **A Crown for Christmas** ('15, Fam) TVG		**Road to Christmas** ('18, Dra) Chad Michael Murray. A woman produces her network's Christmas show. TVG				**Christmas in Love** ('18, Dra) A businessman and baker grow close during Christmas. TVG				**A December Bride** ('16, Rom) Daniel Lissing. A designer dreads a cousin's Christmastime wedding. TVPG				**The Sweetest Christmas** ('17, Rom) TVG	
HGTV	450	450	**Fixer Upper**		**Fixer Upper**		**Boise Boys** (N)		**Fixer Upper**		**Fixer Upper**		**Love It or List It**		**Love It or List It**		**Love It or List It**	
HIST	256	270	**Mountain Men**		**Ax Men: Outdoors** "Back to the Woods" (N) TVPG						**UnXplained** "Evil Places"		**The UnXplained**		**Ancient Aliens**		**Ancient Aliens**	
LIFE	360	360	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**Marrying Millions** "My Secret Sugar Daddy" TV14		**★★★ Flowers in the Attic** ('14, Thril) Heather Graham. Four siblings are forced to remain in an attic. TV14				**Petals on the Wind** ('14, Dra) Heather Graham. Cathy returns to Foxworth Hall to seek revenge. TV14			
MSNBC	215	215	**Up With David Gura** TVPG				**AM Joy** TVPG				**Alex Witt** Alex Witt presents breaking news. TVPG				**MSNBC Live**		**MSNBC Live**	
MTV	502	502	**Ridiculous**	**Ridiculous**	**Ridiculous**	**Ridiculous**	**TRL Top Ten** (N)		**★★★★ 21 Jump Street** ('12, Act) TV14					**★★★ Men in Black** ('97, Sci-Fi) TVPG				
NGEO	265	265	**Paid**	**Paid**	**The 2000s: A New Reality**		**The 2000s: A New Reality**		**The '90s**		**The '90s** "Reality Bites"		**The '90s** "Enemy Within"		**The '90s** "Shock and Awe"		**The '90s** "Exposed"	
NICK	314	314	**SpongeBob**	**SpongeBob**	**SpongeBob**	**SpongeBob**	**Sponge** (N)	**SpongeBob**	**Sponge** (N)	**LEGO** (N)	**ALVINNN!!!**	(:35) **Sponge**	(:05) **Sponge**	(:35) **LEGO**	(:05) **★★★★★ How to Train Your Dragon** TVPG			
OWN	170	256	**Dr. Phil**		**Home Made Simple**		**Dr. Phil**		**Dr. Phil**		**Dr. Phil**		**To Have and to Hold**		**To Have and to Hold**		**To Have and to Hold**	
PARMT	145	145	**Paid**	**Paid**	**Bar Rescue**		**Bar Rescue**		**★★★ Kill Bill: Vol. 1** ('03, Act) TVMA					**★★★ Kill Bill: Vol. 2** ('04, Act) TVMA				
SYFY	151	151	**Twilight** "The Hunt"	**The Twilight Zone**	**Shark Night 3D** ('11, Hor) Sara Paxton. Sharks attack Louisiana vacationers in fresh water. TVPG				**★★★ Deep Blue Sea** ('99, Hor) Saffron Burrows. An ocean experiment involving sharks turns deadly. TV14				(:05) **★★★ Jurassic Park** ('93, Sci-Fi) Laura Dern, Sam Neill. Genetically re-created dinosaurs break out of captivity and wreak havoc in a theme park. TV14					
TBN	560	560	**Story..**	**P.Island**	**Rock Kid**	**Hermie**	**Joel Osteen**	**J.Prince**	**VeggieTales**	**VeggieTales**	**VeggieTales**	**VeggieTales**	**Superbook**	**Booga Land**	**ReingInLife**	**Creation**	**Louie Giglio**	**News**
TBS	112	112	**Queens**		**The BFG** ('16, Adv) TVPG				**★★★ Journey 2: The Mysterious Island** TVPG				**★★★ The Sorcerer's Apprentice** ('10, Act) TVPG		:15 **Star Wars: Episode**...			
TCM	790	790	**TomTurk/** :10 **Sea**	**Lawless Valley**		**Lost City of the Jungle**	**The Jeep** /(:10) **★★★ Spook Busters** ('46, Com)			**Slapsie Maxie's**	**★★★ Journey Into Fear** ('42, Thril) TVG		(:15) **★★★★ Anatomy of a Murder** ('59, Dra) James Stewart. A lawyer takes on the case of an army lieutenant who is charged with killing a bartender. TVMA					
TLC	250	250	**OutDaughtered**		**OutDaughtered**		**ỳutDaughtered**		**To Be Announced**		**90 Day** "Another World"		**90 Day** "Broken Promises"		**90 Day** "Chickening Out"		**90 Day** "Ripped Apart"	
TNT	108	108	**NCIS: New Orleans**		**★★★ Yes Man** ('08, Com) TVPG				**★★★ Get Hard** ('15, Com) TV14				**★★★★ Delivery Man** ('13, Com) TVPG				:15 **Wedding Crashers**	
TOON	325	325	**Total/**:15 **Total**	**Total/**:45 **Total**	**Craig** (N)	**Victor** (N)	**TeenT.**	**MaoMao**	**TeenT.**	**TeenT.**	**Ben10**	**Ninjago**	**TeenT.**	**TeenT.**	**Gumball**	**Gumball**	**Gumball**	**Gumball**
TRAVEL	254	254	**Food Paradise**		**Food Paradise** "Fire it Up"		**Paradise** "Bun-Believable"		**Food Paradise**		**Ripley's Believe It or Not!**		**Haunted Towns**		**Haunted Towns**		**A Haunting**	
TVLAND	138	138	(:20) **Roseanne**		(:55) **Rose.**	**Roseanne**	(:05) **Rose.**	(:40) **Rose.**	(:15) **Rose.**	(:50) **Rose.** "Body by Jake"		(:25) **Rose.**	**Roseanne**	**Roseanne**	**Roseanne**	**Roseanne**	**2½Men**	**2½Men**
USA	124	124	**Paid**	**Paid**	**Suits** "Special Master"		**Pearson**		**Chicago** "The Three G's"		**Chicago P.D.**		**Chicago** "There's My Girl"		**Chicago P.D.**		**Two Fast Two Furious**	
WGN	180	180	**Paid**	**Medicine**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**

Saturday Best Bets

Dr. Chris Pet Vet

WNCN 10:30 a.m.

Renowned veterinarian Chris Brown invites viewers Down Under as he cares for animals of all shapes and sizes. He and his colleagues use technologically advanced treatments to help a variety of animals in his clinic.

The Kitchen

FOOD 11:00 a.m.

The co-hosts celebrate grilling season with some smokin' hot flavors in this new episode. Jeff prepares a pastrami-rubbed smoked tri-tip, and Sunny whips up some easy hush puppies with hot honey dipping sauce.

Dr. Chris Brown from "Dr. Chris Pet Vet"

Ghost Adventures

TRAVEL 5:00 p.m.

An evening of paranormal investigation kicks off with this rebroadcast in which the team attempts to reach out to Melissa, who died in a car accident in 2004. Later, the crew travels to Alton, to visit a Victorian mansion famous for paranormal activity.

Pool Kings

HGTV 8:00 p.m.

Cameras follow the Pool Kings as they take on dueling water slides, a floating rock table and natural boulders in this new episode. Their building skills are put to the test thanks to an extravagant list of demands.

SATURDAY EVENING

A - AT&T; C - CenturyLink

JULY 27, 2019

	A	C	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
BROADCAST CHANNELS																		
WECT 6	-	-	**USATF Track & Field** Outdoor Championship (L) TVG				**News** (N)	**News** (N)	**Wheel**	**Jeopardy!**	**Bring the Funny**		**Dateline NBC** (N) TV14				**News** (N)	**Sat. Night**
ION 62	47	47	**Law & Order: S.V.U.**		**Law & Order: S.V.U.**		**SVU** "Transgender Bridge"		**SVU** "Institutional Fail"		**SVU** "Community Policing"		**SVU** "Maternal Instincts"		**SVU** "Patrimonial Burden"		**SVU** "Melancholy Pursuit"	
WITN 7	-	-	**USATF Track & Field** Outdoor Championship (L) TVG				**News** (N)	**News** (N)	**Wheel**	**Jeopardy!**	**Bring the Funny**		**Dateline NBC** (N) TV14				**News** (N)	**Sat. Night**
WUVC 40	40	-	**Renta Co**	**Renta Co**	**Vecinos**	**Vecinos**	**Conexion**	**Noticiero**	**Esta Historia Me Suena**		(:55) **MFL Fútbol** Club América at León (L) TVG				(:55) **MFL Fútbol** Toluca vs. Cruz Azul (L) TVG			
WLFL 22	22	22	**Ring of Honor Wrestling**		**Black-ish**	**Black-ish**	**Modern Fam**	**Modern Fam**	**BigBang**	**BigBang**	**Bones**		**Elementary**		**News** (N)	(:35) **Paid**	(:05) **Rizzoli & Isles**	
WNCN 17	17	17	(2:00) **Golf** WGC: St. Jude Invitational Round 3 (L) TVG				**News** (N)	**News** (N)	**Judge Judy**	**Judge Judy**	**Million Dollar Mile** (N)		**48 Hours**		**48 Hours**		**News** (N)	**Leverage**
WRAL 5	5	5	**USATF Track & Field** Outdoor Championship (L) TVG				**News** (N)	**NBC News**	**On Record**	**Education**	**Bring the Funny**		**Dateline NBC** (N) TV14				**News** (N)	**Sat. Night**
WRAZ 50	50	50	**Travel**	**Hurricane**	**Madam Secretary** "Pilot"		**2½Men**	**2½Men**	**NCIS:NO** "Powder Keg"		**Dance** "Academy Part 2"		**Beat Shazam**		**WRAL News**	(:35) **Mother**	(:05) **MasterChef Junior**	
WRDC 28	28	28	**Paid**	**Good Feet**	**First Family**	**Mr. Box**	**Kickin' It**		**Comedy.TV**		**Simpsons**	**Simpsons**	**Simpsons**	**Simpsons**	**Ring of Honor Wrestling**		**Family Guy**	**Family Guy**
WTVD 11	11	11	(3:30) **WNBA Basketball** All-Star Game (L) TVG				**News** (N)	**News** (N)	**Panthers**	**Wheel**	**Shark Tank**		**Press Your Luck**		**Card Sharks**		**News** (N)	(:35) **News**
WUNC 4	4	36	**This Old House Hour**		**Ca.Outdoor**	**News.** (N)	**The Lawrence Welk Show**		**Time Goes**	**Time Goes**	**Midsomer**	:50 **My Home**	**Death in Paradise**		**Hinterland**		**The Tunnel**	
CABLE CHANNELS																		
A&E	132	166	(2:00) **Live PD**		**Live PD** Live access inside the country's busiest police forces. TV14						**Live PD** /(:05) **Live PD**		**Live PD** Live access inside the country's busiest police forces. (L) TV14					
AMC	119	114	(2:30) **The Matrix Revolutions** TV14			**Colombiana** ('11, Act) TV14					**★★ Enemy of the State** ('98, Act) A man is hunted by special operatives. TVMA						**The Bourne Ultimatum**	
ANPL	252	252	**Scaled**		**Scaled**		**Dr. Jeff** "A Brave Pit Bull"		**Dr. Jeff** "Ready to Roll"		**Rocky Mountain Vet** (N)		**Hanging/Hendersons** (N)		(:05) **The Hendersons** (N)		(:05) **The Aquarium**	
BET	155	155	2: **Two Can Play That ...**		**Good Deeds** ('12, Com/Dra) TV14						**★★★★ The Pursuit of Happyness** ('06, Dra) TVPG						**★★★★★ Creed** ('15, Spt)	
CNBC	216	216	**American Greed: Scam**		**American Greed: Scam**		**American Greed: Scam**		**American Greed: Scam**		**American Greed: Scam**		**American Greed: Scam**		**Amer. Greed** "Conn's Job"		**American Greed: Scam**	
CNN	202	202	**CNN Newsroom**		**CNN Newsroom**		**S.E. Cupp Unfiltered**		**CNN Newsroom**		**CNN Newsroom**		**The Movies** "The 2000s to Today"				**The Movies** "The Nineties"	
COMC	140	140	**The Office**	(:35) **★★★★ The Longest Yard** ('05, Com) TV14						(:25) **★★★★ Blended** ('14, Com) TV14					**★★★★ The Longest Yard** ('05, Com) TV14			
CSPAN	230	230	(10:00) **Washington This Week** TVG				**The Communicators**		**Washington This Week**		**The Communicators**		**Public Affairs Event** Public affairs events, congressional hearings and more. TVG					
DISC	120	120	**Naked** "Paradise Lost"		**Naked** "What the Duck?"		**Naked** "Island From Hell"		**Naked** "Garden of Evil"		**Naked and Afraid XL** "Den of Vipers" (N) TV14				**Naked and Afraid** "Surviving With Sharks" (N) TV14			
DISN	302	302	(3:20) **Descendants** ('15, Fam) TVG			(:25) **Descendants 2** ('17, Fant) TVPG				**Descendants** ('15, Fam) TVG				**Descendants 2: Emojified** ('17, Fam) TVG			**Movie**	
ESPN	602	26	**Basketball** The Tournament Regional (L) TVG				**SportsCenter** (N)		**SportsCenter** (N)		**UFC UFC 240** (L) TV14				**SportsCenter** (N)		**SportsCenter** (N)	
ESPN2	606	27	**Holey Moley** (N)		**UFC Countdown**		**Boxing Classics**		**MLL Lacrosse** All-Star Game (L) TVG					**Pan American Games** (L)				**BasketC.**
FREE	178	178	(2:30) **The Twilight Saga: New Moon**			(:40) **★★★ The Twilight Saga: Eclipse** ('10, Dra) TV14						(:40) **★★★★ The Twilight Saga: Breaking Dawn Part 1** TV14					:20 **The Twilight Saga...**	
FOOD	452	452	**Diners** "Rockstar Chefs"		**Diners** "Triple-D Classics"		**Diners**	**Diners**	**Diners**	**Diners**	**Restaurat Impossible** (N)		**Restaurant: Impossible** (N)		**Restaurant: Impossible** (N)		**Restaurant: Impossible**	
FNC	210	210	**America's News HQ** TVG				**Fox Report**		**Life, Liberty & Levin**		**Watters World**		**Justice JudgeJeanine**		**The Greg Gutfeld Show**		**Watters World**	
FSS	726	726	**PBA Bowling** Elias Cup Final TVG				**Coopers.**	**Pre-game**	**MLB Baseball** Atlanta Braves at Philadelphia Phillies Site: Citizens Bank Park (L) TVG						**Post-game**	**Spotlight**	**MLB Baseball** Atl./Phi.	
FX	129	128	(2:00) **Hidden Figures**		**Now You See Me 2** ('16, Act) TV14						**★★★★ The Wolf of Wall Street** ('13, Dra) Follow the rise and fall of a Wall Street trader. TVMA							
HALL	365	175	3: **The Sweetest Chris...**		**Christmas at the Palace** ('18, Rom) TVG				**Mingle All the Way** ('18, Rom) TVG				**Rome in Love** ('', Rom) TVG				**Christmas at Pemberl...**	
HGTV	450	450	**Love It or List It**		**Love It or List It**		**Love It or List It**		**Love It or List It**		**Pool Kings** (N)		**Supersiz** (N)	**PoolHunt** (N)	**PoolHunt** (N)	**Best. Po** (N)	**House** (N)	**House**
HIST	256	270	**Aliens** "Aliens and Robots"		**Aliens** "The Alien Disks"		**Ancient Aliens** "Area 52"		**Ancient Aliens**		**Ancient Aliens: Dec.** "Antarctica and Beyond" Theorists investigate the world pyramid phenomena. (N) TVPG							
LIFE	360	360	**If There Be Thorns** ('15, Dra) TV14				**Seeds of Yesterday** ('15, Dra) TV14				**V.C. Andrews' Heaven** ('', Dra) (P) TV14				(:05) **The Madam of Purity Falls** ('', Dra)			
MSNBC	215	215	**MSNBC Live**		**PoliticsNation**		**Deadline: White House**		**Hardball**		**Saturday Night Politics**		**Rachel Maddow**		**The Last Word**		**The 11th Hour**	
MTV	502	502	**★★ Men in Black II** ('02, Sci-Fi) TV14				**Ridiculous**	**Ridiculous**	**Ridiculous**	**Ridiculous**	**Ridiculous**	**Ridiculous**	**Ridiculous**	**Ridiculous**	**Ridiculous**	**Ridiculous**	**Ridiculous**	**Ridiculous**
NGEO	265	265	**The '90s**		**The '80s** "Lift Off"		**The '80s: The Decade**		**The '80s: The Decade**		**The '80s: The Decade**		**The '80s: The Decade**		**The '80s** "Super Power"		**Gordon Ramsay**	
NICK	314	314	(:20) **Loud H.**	(:55) **Loud H.**	(:25) **The Loud House**		:55 **H.Danger**	:25 **H.Danger**	:55 **H.Danger**	**H.Danger**	**Henry Danger** (N)		**All That** (N)	**You Smarter**	**Friends**	**Friends**	**Friends**	(:35) **Friends**
OWN	170	256	**To Have and to Hold**		**To Have and to Hold**		**Iyanla, Fix My Life**		**Iyanla, Fix My Life**		**Iyanla, Fix My Life**		**Iyanla, Fix My Life**		**To Have and to Hold**		**Iyanla, Fix My Life**	
PARMT	145	145	**Movie**	**★★★★ Django Unchained** ('12, West) Jamie Foxx. A slave teams up with a bounty hunter to save his wife. TVMA								**★★★★ Django Unchained** ('12, West) TVMA						
SYFY	151	151	**★★ The Lost World: Jurassic Park** ('97, Adv) TV14						**★★ Jurassic Park III** ('01, Sci-Fi) TV14				**★★★★ Twister** ('96, Act) TVPG					**Futurama**
TBN	560	560	**Turn.Point/ Jeremiah**		**B. Graham**	**Main Stage**	**Gaither: Precious**		**In Touch Ministries**		**Huckabee**		**Gotta Do It**	**The Hour of Power**		**Leading**	**Huckabee**	
TBS	112	112	(3:15) **Star Wars: Episode IV - A New Hope** TVPG				**Pirates of the Caribbean: Dead Men Tell No Tales** ('17, Act)				**Pirates of the Caribbean: Dead Men Tell No Tales** ('17, Act)						**Full Frontal**	**The Detour**
TCM	790	790	(:15) **★★★★★ Fail Safe** ('64, Dra) TVPG				(:15) **★★ Fat City** ('72, Dra) TVPG				**★★★★ Claudine** ('74, Rom) TVPG				**★★★★ The Great White Hope** ('70, Bio) TVPG			
TLC	250	250	**Yes Dress**	**Yes Dress**	**Yes Dress**	**Yes Dress**	**Yes Dress**	**Yes Dress**	**Yes Dress**	**Yes Dress**	**Say Yes to the Dress**				**To Be Announced**		**Say Yes to the Dress**	
TNT	108	108	(3:15) **★★★★ Wedding Crashers** TV14			(:45) **Central Intelligence** ('16, Com) TV14					**★★★★★ Suicide Squad** ('16, Act) TV14					**★★★★ The Book of Eli** ('09, Adv) TV14		
TOON	325	325	**Gumball**	**Gumball**	**Gumball**	**Gumball**	**Gumball**	**Gumball**	**Steven**	**Steven**	**DragonB.**	**DB Super** (N)	**RickMort**	**RickMort**	**Family Guy**	**Academia**	**DB Super** (N)	**Titan** (N)
TRAVEL	254	254	**A Haunting**		**Ghost Adventures**		**Ghost Adventures**		**Ghost Adventures**		**Ghost Adventures**		**Ghost Adventures** (N)		**Ghost Adv.** "Union Hotel"		**GhostAd.** "Palomino Club"	
TVLAND	138	138	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**	**2½Men**
USA	124	124	3: **Two Fast Two Furio...**		**★★★★ Captain America: Civil War** ('16, Act) TVPG						**★★★★★ Captain America: The Winter Soldier** ('14, Act) TV14				(:35) **The Fast and the Furious** TV14			
WGN	180	180	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**	**M*A*S*H**

SUNDAY DAYTIME

JULY 28, 2019

			8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
BROADCAST CHANNELS																		
WCET 6	-	-	**Sunday Today** (N) TVG		**Carolina in the Morning Sunday** (N) TVG		**Meet the Press** (N) TVPG		**Consumer 101**	**Naturally, Danny Seo**	**Golf** Senior Open Championship Final Round Site: Royal Lytham & St. Annes Golf Club (L) TVG				**UCI Cycling** Tour de France Stage 21 Rambouillet - Paris Champs-Élysées (L) TVG			
WFPX 62	47	47	**In Touch Ministries**	**Paid Program**	**NCIS: Los Angeles** "Glasnost" TV14		**NCIS: Los Angeles** "Sirens" TV14		**NCIS: Los Angeles** "Tidings We Bring" TV14		**NCIS: Los Angeles** "Kulinda" TV14		**NCIS: Los Angeles** "Hot Water" TV14		**NCIS: Los Angeles** "Under Siege" TV14		**NCIS: Los Angeles** "Payback" TV14	
WITN 7	-	-	**WITN News at Sunrise Sunday 8:00am** (N) TVG		**Sunday Today** (N) TVG		**Meet the Press** (N) TVPG		**Carolina All Out**	**Panthers Huddle** (N)	**Golf** Senior Open Championship Final Round Site: Royal Lytham & St. Annes Golf Club (L) TVG				**UCI Cycling** Tour de France Stage 21 Rambouillet - Paris Champs-Élysées (L) TVG			
WUVC 40	40	-	**Programa pagado** TVG		**Como dice el dicho** TVPG		**Al punto** TVG		**Aquí y ahora** TVG		**Fútbol Central**	**MFL Fútbol** Necaxa at UNAM Site: Estadio Olimpico Universitario -- Mexico City, Mexico (L) TVG					**Republica deportiva** TVG	
WLFL 22	22	22	**Paid Program**	**Paid Program**	**John Hopkins**	**Jack Van Impe**	**The Upper Room**	**Paid Program**	**Teen Kids News** (N)	**Community Matters**	**Full Measure**	**Military Makeover**	**Amer.Ninja** "Southwest Qualifying Round" TVPG		**Street Magic**	**Street Magic**	**TMZ** TV14	
WNCN 17	17	17	**CBS 17 News at 8:00 a.m.** (N) TVG		**CBS Sunday Morning With Jane Pauley** (N) TVPG		**Face the Nation** Interviews with top newsmakers. TVG		**Paid Program**		**Rodeo** TVG		**PGA Tour** "PGA Tour 2019: Natural Talent" (N) TVG		**Golf** WGC: St. Jude Invitational Final Round Site: TPC Southwind -- Memphis, Tenn. (L) TVG			
WRAL 5	5	5	**Sunday Today** (N) TVG		**WRAL News Sunday Morning** TVG		**Meet the Press** (N) TVPG		**Naturally, Danny Seo**	**Consumer 101**	**Golf** Senior Open Championship Final Round Site: Royal Lytham & St. Annes Golf Club (L) TVG				**UCI Cycling** Tour de France Stage 21 Rambouillet - Paris Champs-Élysées (L) TVG			
WRAZ 50	50	50	**Education Matters**	**On the Record**	**Fox News Sunday** (N) TVG		**Joel Osteen**	**In Touch Ministries**	**Hayes Barton Baptist Church** TVG		**Paid Program**	**Paid Program**	**Paid Program**	🐾★★★ **Syriana** ('05, Thril) George Clooney. A CIA agent must sort out a double cross in the Middle East regarding oil. TVMA				
WRDC 28	28	28	**I Believe Thompson**	**David Bibey Ministries**	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	**Paid Program**	🐾★★★ **Igby Goes Down** ('02, Com/Dra) A man's unusual upbringing causes him to struggle. TVMA				**Ring of Honor Wrestling** TVPG	
WTVD 11	11	11	**Good Morning America Sunday** TVG		**ABC 11 Eyewitness News at 9:00 a.m.** (N) TVG		**This Week With George Stephanopoulos** TVPG		**Traveler** "Jaipur"		**Entertainers With Byron Allen** TVPG		**Paid Program**	**Paid Program**	**To Tell the Truth** TVPG		**World of X Games** (N) TVPG	
WUNC 4	4	36	**Curious George**	**Wild K.** "Fire Salamander"	**This Old House Hour** TVG		**Explore N. Carolina**	**Sci NC**/(:50) **MuseShrt**	**Bookwatch** (N)	**Black Issues Forum**	**Front Row**	**NC Spin**	**Milk Street**	**Martha's School**	**Amer. Test Kitchen**	**Cook's Country**	**Weeknight Meals**	**Lidia's Kitchen**
CABLE CHANNELS																		
A&E	132	166	**Hoarders** "Glen/ Lisa" TVPG		**Hoarders** "Randy/ Vicki" TV14		**Hoarders** "Jackie and Richard" TVPG		**Hoarders** "Dorothy and David and Doris" TVPG		**Hoarders** "Ben and Robin and Kevin" TVPG		🐾★★ **The Expendables** ('10, Act) Jet Li. A group of mercenaries attempt to overthrow a dictator. TVMA				🐾★★★ **The Expendables 2** ('12, Act) TVMA	
AMC	119	114	(:15) **M*A*S*H**	(:45) 🐾★★ **Lara Croft: Tomb Raider** ('01, Adv) A wealthy adventurer must prevent an organization from obtaining a powerful relic. TV14					🐾★★★ **Colombiana** ('11, Act) Zoe Saldana. A young woman becomes an assassin to find the mobster that killed her parents in Bogotá. TV14				🐾★★★ **The Bourne Ultimatum** ('07, Act) TV14					
ANPL	252	252	**Lone Star Law** "Gator vs. Dog" TV14		**Lone Star Law** "Don't Mess With Texas" TV14		**Lone Star Law** "Submerged" TV14		**Lone Star Law** "Shock on the Bay" TV14		**North Woods Law** "The Big Bad Woods" TVPG		**North Woods Law** "Shifting Gears" TVPG		**North Woods Law** "Buck Fever" TVPG		**North Woods Law** "Turkey Trouble" TVG	
BET	155	155	**Fresh Prince**	**Fresh Prince**	**Fresh Prince**	**Martin**	**Martin**	**Martin**	🐾 **Good Deeds** ('12, Com/Dra) TV14						🐾★★★★ **Creed** ('15, Spt) TV14			
CNBC	216	216	**Paid**	**Paid**	**Golf** The Evian Championship Final Round (L) TVG					**Paid**	**Paid**	**Paid**	**Paid**	**Paid**	**Paid**	**Paid**	**Shark Tank**	
CNN	202	202	**Inside Politics**		**State of the Union**		**Fareed Zakaria GPS**		**Reliable Sources**		**State of the Union**		**Fareed Zakaria GPS**		**CNN Newsroom**		**CNN Newsroom**	
COMC	140	140	**The Office** "Nepotism"	(:35) **The Office**	(:10) **The Office**	(:45) **Office** "Sex Ed"	(:20) **The Office** "The Sting" TV14		(:55) **The Office**	**The Office**	**The Office**	**The Office**	**The Office** "China"	**The Office** "Ultimatum"	**Office** "The Seminar"	**Office** "The Search"	**The Office** "PDA"	**The Office**
CSPAN	230	230	(7:00) **Washington Journal** TVG				**Newsmaker**	**Washington This Week** TVG										
DISC	120	120	**Shark Vortex** TVPG		**Air Jaws: Fin of Fury** TVPG		**Phelps-Shark** "Great Gold vs. Great White" TVPG		**Laws of Jaws** TVPG		**SharkCam Stakeout** TVPG		**Super Predator** TVPG		**Great White Serial Killer Lives** TVPG		**Monster Mako** TVPG	
DISN	302	302	(:05) 🐾 **Descendants** ('15, Fam) Dove Cameron. What happens after the 'happily ever after' unfolds. TVG				(:10) 🐾 **Descendants 2** ('17, Fant) Dove Cameron. Uma tries to break down the barrier to Auradon. TVPG				(:15) 🐾 **Descendants** ('15, Fam) Dove Cameron. What happens after the 'happily ever after' unfolds. TVG				(:20) 🐾 **Descendants 2** ('17, Fant) Dove Cameron. Uma tries to break down the barrier to Auradon. TVPG			
ESPN	602	26	**SportsCe-nter** (N)	**F1 on the Grid Live** (L)	(:05) **F1 Auto Racing** German Grand Prix Site: Hockenheimring -- Hockenheim, Germany (L) TVG				**SportsC.** The day's news in the world of sports. (N) TVG		**Basketball** The Tournament Regional Final Site: Stuart Siegel Center -- Richmond, Va. (L) TVG				**Basketball** The Tournament Regional Final Site: SRC Arena and Events Center -- Syracuse, N.Y. (L) TVG			
ESPN2	606	27	(7:00) **30 for 30**	**SportsCe-nter** (N)	**SportsC.** The day's news in the world of sports. (N) TVG		**SportsC.** The day's news in the world of sports. (N) TVG		**Bassmaster Elite Series** "Winning Ways #2"		**E:60** "Sammy Sosa" (N)		**Pan American Games** -- Lima, Peru (L)				**Soccer** International Champions Cup (L) TVG	
FREE	178	178	(7:00) 🐾★★ **Accepted**		🐾★★ **Twilight** ('08, Dra) A teenage girl and a vampire fall in love. TV14						🐾★★ **The Twilight Saga: New Moon** ('09, Dra) TV14						:10 🐾 **The Twilight Saga:**...	
FOOD	452	452	**Big Bite**	**Cooking**	**Pioneer**	**Pioneer**	**Pioneer**	**Pioneer**	**Cooking** (N)	**M.Brown** (N)	**The Kitchen**		**Carnivor** (N)	**Carnivor** (N)	**Restaurant: Impossible**		**Restaurant** "Holy Cow!"	
FNC	210	210	(6:00) **Fox & Friends Sunday** TVG				**Sunday Morning Futures**		**MediaBuzz**		**America's News HQ**		**America's News HQ**		**Fox News Sunday**		**Journal Editorial R.**	
FSS	726	726	(6:00) **MLB Baseball** Atlanta vs Philadelphia TVG		**Ship Shape TV**	**Destination Polaris**	**Red Bull Signature Series** Double Pipe TVPG		**Focused** (N)	**Destination Polaris** (N)	**Cape Cod: A Journey**	**Braves Pre-game** (L)	**MLB Baseball** Atlanta Braves at Philadelphia Phillies Site: Citizens Bank Park -- Philadelphia, Pa. (L) TVG					
FX	129	128	**Mike&Molly**	**Mike&Molly**	**The Weekly**	🐾 **Now You See Me 2** ('16, Act) TV14						🐾★★★ **Fast & Furious 6** ('13, Act) Dom reassembles his crew to take down a mastermind. TVPG						
HALL	365	175	🐾 **A Dream of Christmas** ('16, Fam) Nikki Deloach. A restless young married woman's wish is granted. TVG				🐾 **Christmas Next Door** ('17, Rom) Jesse Metcalf. A man is left to care for his niece and nephew. TVG				🐾★ **A Very Merry Mix-Up** ('13, Rom) A woman forms a bond with a family over the holidays. TVG				🐾 **A Shoe Addict's Christmas** ('18, Rom) A woman finds herself locked in a store on Christmas. TVG			
HGTV	450	450	**Property Brothers**		**Property Brothers**		**Property Brothers**		**Property Brothers**		**Property Brothers**		**Christina on**	**Christina on**	**Bargain**	**Bargain**	**Bargain**	**Bargain**
HIST	256	270	**Truck T.** (N)	**Det. Muscle**	**Counting Cars: Drive** "One Love, One Car" TVPG						**Pickers** "When Horses Fly"		**Pickers** "Deuce Digging"		**A. Pickers** "Auburned Out"		**A. Pickers** "Museum Man"	
LIFE	360	360	**Amazing Facts**	**David Jeremiah**	**Joel Osteen**	**Paid Program**	🐾 **The Girl in the Bathtub** ('18, Dra) Jason Patric. A young woman is found dead in her boss' bathtub. TV14				🐾 **Secrets of My Stepdaughter** ('17, Thril) Josie Davis. A mother's stepdaughter may be a killer. TVPG				🐾 **Daughter for Sale** ('17, Thril) Emily Rose. A woman rescues her daughter after she is kidnapped. TV14			
MSNBC	215	215	**Up With David Gura** TVPG				**AM Joy** TVPG				**Alex Witt** Alex Witt presents breaking news. TVPG				**MSNBC Live**		**MSNBC Live**	
MTV	502	502	**Jersey Shore**		**Jersey Shore**		**Jersey Shore**		**Jersey Shore**		(:10) **Jersey Shore**		(:20) **Jersey Shore** TV14			**Jersey Shore: Family**		(:40) **Jersey**
NGEO	265	265	**Paid**	**Paid**	**Gordon Ramsay**		**Life Below 0** "Sue Aikens"		**Life -0** "Glenn Villeneuve"		**Port Protection**		**Port Protection**		**Port Pro** "If You Build It"		**Port Pro** "Knock on Wood"	
NICK	314	314	**Power Rang**	**NinjaTurtles**	**SpongeBob**	**LEGO City**	**SpongeBob**	**SpongeBob**	**SpongeBob**	**SpongeBob**	**Henry Danger**		(:05) **Sponge**	(:35) **Sponge**	(:05) **Sponge**	(:25) **Sponge**	**SpongeBob**	**SpongeBob**
OWN	170	256	**Dr. Phil**		**Dr. Phil**		**Dr. Phil**		**Soul Sunday** "Lynne Twist"		**Super Soul Sunday**		**Home Made Simple**		**Extreme Weight Loss**		**Weight** "Ashley Hylton"	
PARMT	145	145	**Paid**	**Paid**	**Bar Res.** "Raising Arizona"		**Bar Rescue**		**Bar Rescue**		**Bar Rescue**		**Bar Res.** "Chase Lounge"		**Bar Rescue** "Meat Sauna"		**Bar Rescue**	
SYFY	151	151	**The Twilight Zone**	**The Twilight Zone**	🐾★★ **Deep Blue Sea** ('99, Hor) Saffron Burrows. An ocean experiment involving sharks turns deadly. TV14				(:05) 🐾★★ **The Lost World: Jurassic Park** ('97, Adv) Jeff Goldblum. A research group travels to an island inhabited by dinosaurs to study their behavior. TV14						(:05) 🐾★★ **Jurassic Park III** ('01, Sci-Fi) Sam Neill. A couple visits an island where dinosaurs live. TV14			
TBN	560	560	**S. Furtick**	**Touch Lives**	**Kingdom**	**T.Point**	**R. Jeffress**	**Walk**	**J.Prince**	**Carpenter**	**Jackson**	**In Touch**	**Power Point**	**It Is Written**	**Ed Young**	**Heaven**	**D.Kolenda**	**John Hagee**
TBS	112	112	**Loves Ray**	**Loves Ray**	**Loves Ray**	**Queens**	**Queens**	**Queens**	🐾 **Pirates of the Caribbean: Dead Men Tell No Tales** ('17, Act)					**MLB Baseball** Los Angeles Dodgers at Washington Nationals (L) TVG				
TCM	790	790	🐾★★★ **Kitty Foyle** ('40, Dra) Dennis Morgan, Ginger Rogers. A wealthy man woos a working girl. TVG				🐾★★★ **Thieves' Highway** ('49, Dra) Richard Conte. A truck driver tries to avenge his father's robbery. TVPG				🐾★★★★ **Jezebel** ('38, Dra) Henry Fonda, Bette Davis. A headstrong woman falls for a betrothed man. TVPG				🐾★★★★ **An American in Paris** ('51, Mus) Gene Kelly. An ex-GI becomes an artist in Paris. TVG			
TLC	250	250	**Yes Dress**	**Yes Dress**	**Yes Dress**	**Yes Dress**	**Say Yes to the Dress**		**Say Yes to the Dress**		**Dr. Pimple**		**Dr. Pimple Popper**		**Dr. Pimple Popper**		**Dr. Pimple Popper**	
TNT	108	108	**NCIS:NO** "Broken Hearted"		**NCIS:NO** "Confluence"		🐾★★ **Flight** ('12, Dra) A pilot saves a plane from crashing. TVMA						🐾★★★ **The Book of Eli** ('09, Adv) TV14					**Movie**
TOON	325	325	**Total**/:15 **Total**	**Total**/:45 **Total**	**Craig/ Craig**	**Victor/ Victor**	**Teen Titan**	**TeenT.**	**TeenT.**	**TeenT.**	**Island/ Island**	**Island/ Island**	**TeenT.**	**TeenT.**	**Gumball**	**Gumball**	**Gumball**	**Gumball**
TRAVEL	254	254	**Mysteries at the Museum**		**Mysteries at the Museum**		**Mysteries at the Museum**		**Legendary Locations**		**Paranormal**		**Paranormal**		**Alien** "SoCal Clusters"		**UFOs: Uncovering the**	
TVLAND	138	138	(:20) **The Golden Girls**		(:55) **G. Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**	**Golden Girls**
USA	124	124	**In Touch**	**Joel Osteen**	**Queen of the South**		**Miz & Mrs.**	**Chrisley**	**Chrisley**	**Chrisley**	**Chrisley**		🐾★★★ **The Fast and the Furious: Tokyo Drift** TV14		(:45) 🐾 **The Fast and the Furious** TV14			
WGN	180	180	**Perry Stone**	**Beyond Day**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**	**Cops**

Frank L. Bradshaw
Attorney at Law

Divorces
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Child Support
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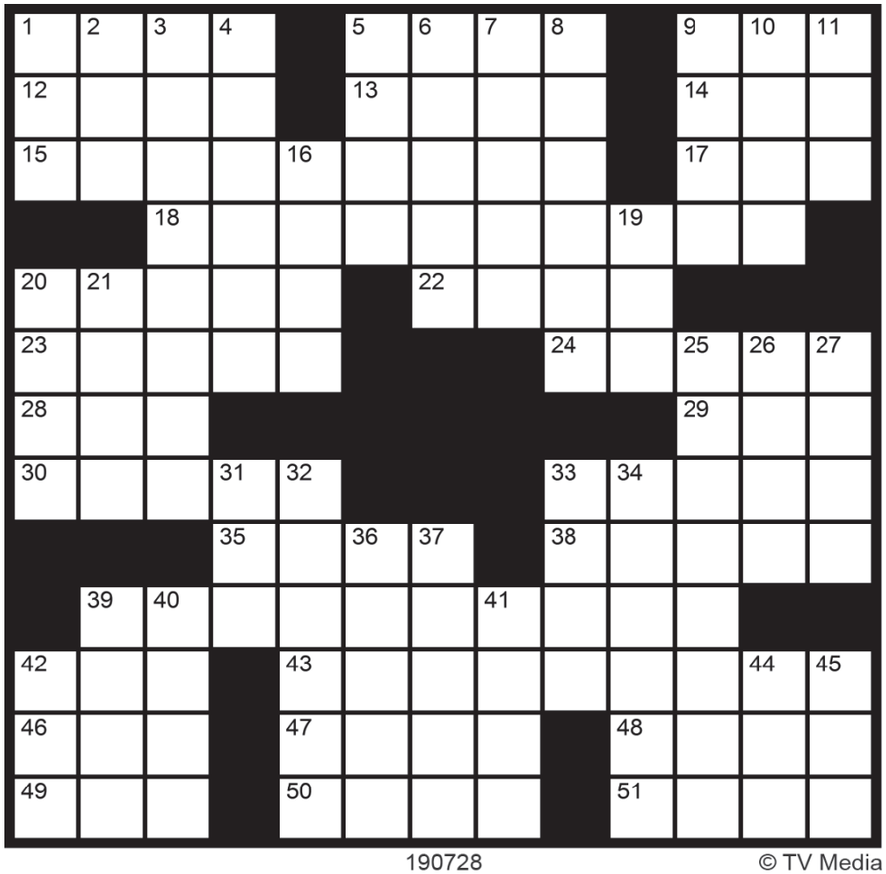
television crossword



190728 © TV Media

ACROSS
1 Salt, chemically
5 Phone programs
9 Benign cyst
12 Realtor's unit
13 Seagoing: Abbr.
14 Circus cries
15 ABC sitcom that starred Patricia Heaton and Neil Flynn
17 Slangy suffix
18 Sitcom and former "SNL" star
20 Telling fibs
22 Slangy assents
23 Flagmaker Ross
24 Historical period
28 Winning tic-tac-toe line
29 "There's ___ in 'team'"
30 Shoulder gesture
33 Immune system orchestrator
35 It may be performed by 39 Across
38 Bother terribly
39 A Beatle
42 Switch forerunner, for short
43 Baton Rouge's state
46 Vs.
47 "What's ___ for me?"
48 One ___ (kids' game)
49 Cowboy Rogers
50 Regarding
51 Hawaiian strings

DOWN
1 Rebellious Turner
2 German cry
3 One who is owed money
4 French 24-hour car race
5 Song by 39 Across' band: "___ Love Her"
6 Rice-growing site
7 Heart rate
8 Grassy Siberian plain
9 "Plan 9 from Outer Space" (1959) director Ed
10 "Fifty Shades of Grey" (2015) actress Jennifer ___
11 Hush-hush org.
16 Decorated Israeli actor Moshe
19 Nile slitherer
20 Wall St. deals
21 "Crazy Rich Asians" (2018) star Michelle
25 Like narrow minds
26 Bubbly beverage
27 Sword handle
31 Admiral's org.
32 "The Michael J. Fox Show" star Juliette
33 Darjeeling and green
34 "Blue Bloods" star Len
36 Middays
37 Astronaut's wear
39 Defaulter's loss
40 1960s espionage series starring Robert Culp
41 Jackson 5 member
42 Neither's partner
44 Scottish refusal
45 Modern Cadillac model

Solution on page 2

Follow Jesus Make Disciples Transform the World
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Worship: 11am (every Sunday)
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Michael Edwards
Owner

Sunday Best Bets

Honda Indy 200

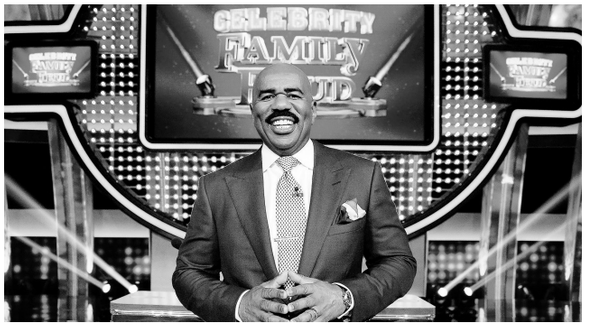
WECT WITN WRAL 4:00 p.m.

Lexington, Ohio, is the place to be for IndyCar racing fans as the Honda Indy 200 comes to the Mid-Ohio Sports Car Course. The highly anticipated event attracts some of IndyCar's best drivers, including last year's winner — Alexander Rossi.

Celebrity Family Feud

WTVD 8:00 p.m.

The cast of Disney's upcoming sequel "Descendants 3" goes head to head against the cast of "American Housewife" in this new episode. Steve Harvey hosts this updated version of the classic game show, which features celebrities playing for charity.



Steve Harvey hosts "Celebrity Family Feud"

NOS4A2

AMC 9:00 p.m.

Vic (Ashleigh Cummings) tries to rescue a loved one despite Maggie's (Jahkara Smith) warning in this new episode. At the same time, Manx (Zachary Quinto) learns something disappointing about Vic. Ólafur Darri Ólafsson also stars.

Legendary Locations

TRAVEL 10:00 p.m.

Josh Gates visits famous places where people's passions were transformed into lasting legacies in this new episode. He brings viewers the story of a samurai smackdown in 17th-century Japan, and recounts how an author found inspiration in Boston.

SUNDAY EVENING

A - AT&T; C - CenturyLink

JULY 28, 2019

	A	C	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
BROADCAST CHANNELS																		
WECT 6	-	-	**IndyCar Racing** Honda Indy 200 (L) TVG			:45 **Postrace**	**News** (N)	**News** (N)	**Hollywood Game Night**		**USATF Track & Field**		**America's Got Talent** "Judge Cuts 2" TV14				**News** (N)	**Inside Ed.**
ION 62	47	47	**NCIS: LA** "Old Tricks"		**NCIS: LA** "Queen Pin"		**NCIS: LA** "Getaway"		**NCIS: Los Angeles** "767"		**NCIS: Los Angeles**		**Chicago P.D.** "Payback"		**Chicago P.D.** "Saved"		**Chicago P.D.** "Allegiance"	
WITN 7	-	-	**IndyCar Racing** Honda Indy 200 (L) TVG			:45 **Postrace**	**News** (N)	**News** (N)	**Hollywood Game Night**		**USATF Track & Field**		**America's Got Talent** "Judge Cuts 2" TV14				**News** (N)	**Paid**
WUVC 40	40	-	**Como dice el dicho**		**Como dice el dicho**		**Conexion**	**Noticiero**	**Aquí y ahora**		**Familias Frente Al Fuego**				**Crónicas**		**Conexion**	**Noticiero**
WLFL 22	22	22	**Goldberg**	**Goldberg**	**Seinfeld**	**Seinfeld**	**Modern Fam**	**Modern Fam**	**BigBang**	**BigBang**	**Pandora**		**Pandora**		**News** (N)	:(35) **America This Week**	**Last Man**	
WNCN 17	17	17	(2:00) **Golf** WGC: St. Jude Invitational Final Round (L) TVG				**News** (N)	**News** (N)	**60 Minutes**		**Big Brother** (N)		**Instinct** (N)		**The Good Fight** (N)		**News** (N)	**News** (N)
WRAL 5	5	5	**IndyCar Racing** Honda Indy 200 (L) TVG			:45 **Postrace**	**News** (N)	**News** (N)	**Hollywood Game Night**		**USATF Track & Field**		**America's Got Talent** "Judge Cuts 2" TV14				**News** (N)	**J. Brown**
WRAZ 50	50	50	**Access Weekend**		**NHRA Drag Racing** Sonoma Nationals (L) TVG				**Last Man St.**	**Last Man St.**	**Simpsons**	**Bob Burgers**	**Family Guy**	**Happened**	**News** (N)	:(35) **News**	**In Depth**	**Queens**
WRDC 28	28	28	**Paid**	**Good Feet**	**FunnyAsk**	**FunnyAsk**	**Sheriffs:**	**Sheriffs:**	**2 Broke G.**	**2 Broke G.**	★★ **Narrow Margin** ('90, Thril) 14+				**Pawn Stars**	**Pawn Stars**	**2 Broke G.**	**2 Broke G.**
WTVD 11	11	11	**World of X Games** (N)		**Incredible Dog Challenge**		**News** (N)	**News** (N)	**Funniest Home Videos**		**Celebrity Family Feud** (N)		**The $100,000 Pyramid** (N)		**To Tell the Truth** (N)		**News** (N)	**News** (N)
WUNC 4	4	36	**Celebrations**	**One Plate**	**Wash. Week**	**News.** (N)	**Brown** "The Tree of Truth"		**Father Brown**		**Masterpiece** "Poldark"		**M'piece** "Grantchester"		**Brown** "The Passing Bell"		**EastEnders**	**EastEnders**
CABLE CHANNELS																		
A&E	132	166	(3:) ★ **The Expendables 2**		★★★ **The Expendables 3** ('14, Act) TV14						★★★ **The Expendables** ('10, Act) TVMA				★★★★ **The Expendables 2** ('12, Act) TVMA			
AMC	119	114	★★★ **Enemy of the State** ('98, Act) A man is hunted by special operatives. TVMA						★★★★ **I Am Legend** ('07, Sci-Fi) TV14				**NOS4A2** "Sleigh House/ Gunbarrel" (N) TVMA				**NOS4A2**	
ANPL	252	252	**Woods Law** "Cold Case"		**North Woods Law**		**North Woods Law**		**Woods Law** "Long Shot"		**Woods Law** "Wild Winter"		**North Woods Law** (N)		**North Woods Law**		**North Woods Law**	
BET	155	155	(2:00) ★★★★★ **Creed**		★★★★ **The Pursuit of Happyness** ('06, Dra) TVPG						**Sunday Best** (N)		**Murder in the Thirst** (N)		**Sunday..** "Amazing Grace"		**Murder in the Thirst**	
CNBC	216	216	**Shark Tank**		**Shark Tank**		**Shark Tank**		**Shark Tank**		**Shark Tank**		**Shark Tank**		**Shark Tank**		**Shark Tank**	
CNN	202	202	**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**CNN Newsroom**		**The Movies** "The Seventies" (N)				**The Movies**	
COMC	140	140	★★★ **Blended** ('14, Com) TV14					(:50) ★★ **Tommy Boy** ('95, Com) TV14					★★ **Tommy Boy** ('95, Com) TV14				★ **Joe Dirt 2: Beautiful L...**	
CSPAN	230	230	(10:30) **Washington This Week** TVG				**Newsmaker**	**Washington This Week** TVG			**Q & A**		**Questions**	(:40) **Public Affairs Event** TVG			**Q & A**	
DISC	120	120	**Great White Abyss**		**Air Jaws: The Hunted**		**Bear vs. Shark**		**Shark Week**		**ExpeditionUnknown** (N)		**Shark Trip: Eat Prey Chum** (N)				**Shark After Dark** (SP) (L)	
DISN	302	302	**Movie**	(:25) ★ **Descendants** ('15, Fam) TVG				★ **Descendants 2** ('17, Fant) TVPG				(:35) ★ **Descendants** ('15, Fam) TVG				(:40) ★ **Descendants 2** ('17, Fant) TVPG		
ESPN	602	26	**Basketball** The Tournament Regional Final (L) TVG				**Baseball Tonight**		**MLB Baseball** New York Yankees at Boston Red Sox Site: Fenway Park (L) TVG						**SportsCenter** (N)		**SportsCenter** (N)	
ESPN2	606	27	(3:00) **Soccer**		**E:60Pics** "Setenta E Sete"		**E:60 Pictures** "Mandarich"		**Baseball** (L) TVG						**F1 Auto Racing** German Grand Prix TVG			
FREE	178	178	(3:10) ★★★ **The Twilight Saga: Eclipse** ('10, Dra) TV14				(:10) ★★★★ **The Twilight Saga: Breaking Dawn Part 1** TV14					(:50) ★★★★ **The Twilight Saga: Breaking Dawn Part 2** ('12, Fant) TV14						★ **The Vow**
FOOD	452	452	**Restaurant: Impossible**		**Rest.** "Recipe For Disaster"		**Great FoodTruck Race**		**Guy's Grocery Games**		**Guy's Grocery Games**		**Great FoodTruck Race** (N)		**Beat Flay**	**Beat Flay**	**Beat Flay**	**Beat Flay**
FNC	210	210	**America's News HQ**		**The Greg Gutfeld Show**		**Fox Report**		**Fox News Sunday**		**Watters World**		**The Next Revolution**		**Life, Liberty & Levin**		**Watters World**	
FSS	726	726	**Post-game**	**Destination**	**Cliff Diving**		**Arenacross**		**WPT Poker** Cash Game		**WPT Poker** Cash Game		**WSL Highlights**		**WPT Poker** Cash Game		**WPT Poker** Cash Game	
FX	129	128	★★★ **Furious 7** ('15, Act) Dominic and his crew face a vengeful new enemy. TV14						★★★ **The Fate of the Furious** ('17, Act) TVPG						**The Weekly** (N)		★★★★ **Fast & Furious 6**	
HALL	365	175	★ **Pride, Prejudice and Mistletoe** ('18, Rom) TVG				★ **Reunited at Christmas** ('18, Dra) TVG				**Good Witch** (N)		★ **Sister of the Bride** ('', Rom) TVG				**Preview**	**Golden Girls**
HGTV	450	450	**Bargain**	**Bargain**	**Caribbean**	**Caribbean**	**Caribbean**	**Caribbean**	**Caribbean**	**Caribbean**	**Bargain** (N)	**Bargain** (N)	**Mexico** (N)	**Mexico** (N)	**IsIndLif** (N)	**IsIndLif** (N)	**Hawaii Life**	**Hawaii Life**
HIST	256	270	**American Pickers**		**A. Pickers** "The Joy of Sax"		**American Pickers**		**Pickers** "One Wheel Deal"		**American Pickers: Bonus Buys** "Top Dollar Toys" Frank and Mike pick a recently closed toy museum. (N) TVPG							
LIFE	360	360	★ **Pregnant and Deadly** ('')				★ **A Mother's Worst Fear** ('18, Dra) TV14				★ **Anniversary Nightmare** ('', Dra) TV14				(:05) ★ **V.C. Andrews' Heaven** ('', Dra) TV14			
MSNBC	215	215	**MSNBC Live**		**PoliticsNation**		**Meet the Press**		**Kasie DC** Kasie Hunt delivers exclusive interviews. TVPG				**Headliners**		**To Be Announced**		**Dateline**	
MTV	502	502	(3:40) **Jersey**	(:50) **Jersey Shore** TV14			**Jersey Shore**		**Jersey Shore**		**Jersey Shore**		**Jersey Shore**		**Jersey Shore**		**Jersey Shore**	
NGEO	265	265	**Port Pro** "Ocean's Bounty"		**Port Protection** "Trapped"		**Port Pro** "Backwoods Fix"		**Wicked Tuna: Outer** (N)		**W. Tuna** "Tangled Up" (N)		**Wicked Tuna** (N)		**Gordon Ramsay** (N)		**W. Tuna** "Reel Outlaws"	
NICK	314	314	**H.Danger**	:55 **H.Danger**	(:25) **Henry Danger**		:55 **H.Danger**	:25 **H.Danger**	(:55) **Henry Danger**		★★ **Madagascar 3: Europe's Most Wanted** TVG				**Friends**	**Friends**	**Friends**	(:35) **Friends**
OWN	170	256	**Weight** "Mike Epstein"		**Weight Loss** "Jarvez Hall"		**Weight** "Sally Adams"		**20/20 on OWN**		**20/20 on OWN** "Faking It"		**20/20 on OWN**		**20/20OWN** "Linda Lusk"		**20/20 on OWN**	
PARMT	145	145	**Bar Rescue**		**Bar Rescue**		**Bar Rescue** "In a Pinch"		**Bar Rescue**		**Bar Res.** "Dalia's Inferno"		**Bar Rescue**		**Bar Rescue** (N)		**Bar Rescue**	
SYFY	151	151	(:05) ★★★ **Volcano** ('97, Act) TVPG					★★★★ **Twister** ('96, Act) TVPG					★★★★ **San Andreas** ('15, Act) TV14					**Futurama**
TBN	560	560	(3:) **J.Hagee**	**Change**	**Creflo**	**T.Point**	**Potter's**	**Enjoy-Life**	**JewishJesus**	**R.Morris**	**Huckabee**		**Joel Osteen**	**Kerry Shook**	**Creflo**	**Metaxas**	**Huckabee**	
TBS	112	112	(1:) **Baseball**	★★★ **Remember the Titans** ('00, Dra) TVPG					**BigBang**	**BigBang**	**BigBang**	**BigBang**	**Claws** (N)		**Claws**		★ **Remember the Titans**	
TCM	790	790	★★★★ **The Children's Hour** ('62, Dra) TVPG				★★★★ **The Year of Living Dangerously** TV14				★★★★★ **A Place in the Sun** ('51, Myst) TVPG				(:15) ★ **An American Tragedy**			
TLC	250	250	**The Family Chantel**		**90 Day Fiancé**		**90 Day Fiancé: Happily Ever After?** (N) TV14				**90 Day Fiancé** "Tell All: Part 2" TV14				**sMothered** (N)		**Unexpected** (N)	
TNT	108	108	(3:30) ★★★★ **Man of Steel** ('13, Act) TV14					★★★★★ **Suicide Squad** ('16, Act) TV14					**Claws** (N)		**Claws**		★★★ **Insurgent**	
TOON	325	325	**Gumball**	**OKKO!**	**OKKO!**	**Gumball**	**Gumball**	**Gumball**	**Craig/ Craig**	**Victor/ Victor**	**Samurai**	**Final Space**	**Bob Burgers**	**Bob Burgers**	**Am.Dad** (N)	**Family Guy**	**Family Guy**	**RickMort**
TRAVEL	254	254	**UFOs** "UFO Abduction"		**UFOs** "UFO Tech"		**UFOs: The Lost Evidence**		**UFOs: The Lost Evidence**		**UFOs: Lost Evidence** (N)		**Ripley's Believe** (N)		**Legendary Locations** (N)		**America Unearthed**	
TVLAND	138	138	**Golden Girls**	**Golden Girls**	**Loves Ray**	**Loves Ray**	**Loves Ray**	**Loves Ray**	**Loves Ray**	**Loves Ray**	**Loves Ray**	**Loves Ray**	**Loves Ray**	**Loves Ray**	**2½Men**	**2½Men**	**2½Men**	**2½Men**
USA	124	124	2:45 ★ **The Fast & the F...**		★★★★★ **Captain America: The Winter Soldier** ('14, Act) TV14						★★★★★ **xXx: Return of Xander Cage** ('17, Act) TVPG				★★★★★ **xXx: Return of Xander Cage** ('17, Act) TVPG			
WGN	180	180	**Cops**	**Cops**	**Cops**	**Cops**	**Last Man St.**	**Last Man St.**	**Last Man St.**	**Last Man St.**	**Last Man St.**	**Last Man St.**	**Last Man St.**	**Last Man St.**	**Last Man St.**	**Last Man St.**	**Married**	**Married**

Legal drama 'All Rise' is on CBS's fall docket

By Michelle Rose
TV Media

In Session: Fans of Netflix's "Luke Cage," "The Defenders" or even "Iron Fist" might know her as Misty Knight, the tough-talking New York detective with a bionic arm.

But Simone Missick will be looking at the law from *inside* the courtroom this fall when the new legal drama "All Rise" debuts on Monday, Sept. 23, on CBS. The series will also stream on CBS All Access.

Missick is Lola Carmichael, a former L.A. deputy district attorney who is known to be tough, independent and, well, a bit unconventional. Lola has been recently appointed to the bench, which means she has more power now. Lots of it. And she doesn't waste time wielding that gavel of hers to get things done and push back against a flawed justice system.

Missick's immensely likable Lola is the main character here, but the series formerly known as "Courthouse" (the change was announced alongside the series order in May) is an ensemble drama.

Per CBS, the show is about pulling "back the curtain on the court system — from judges, assistants, district attorneys and public defenders to bailiffs, clerks, cops and jurors." That means plenty of compelling characters, and they'll each be contributing their own brand of chaos and humanity to the weekly storylines.

Marg Helgenberger ("CSI: Crime Scene Investigation") is a familiar face among a regular cast that includes Jessica Camacho ("The Flash"), Wilson Bethel ("The Young and the Resetless"), J. Alex Brinson ("Travelers"), Lindsay Mendez ("Elementary") and Ruthie Ann Miles ("The Americans").

There is some buzz around this one. But when it comes to legal dramas, especially CBS dramas, the bar has been set high. With back-to-back comedies ("The Neighborhood" and "Bob Hearts Abishola") serving as the lead-in, "All Rise" has a good shot at being appreciated for what it is: a character-driven drama with a lot of heart.

Funny Lady: All this talk of fall premieres got you down? Good news, HBO has a new show premiering THIS week.

Written by the very funny Robin Thede ("The Nightly Show with Larry Wilmore"), "A Black Lady Sketch Show" debuts Friday, Aug. 2, on HBO. It's being described as a "narrative series set in a limitless magical reality full of dynamic hilarious characters and celebrity guests."

It's a half-hour cinematic sketch show. And it's one that already has people talking.

The groundbreaking series is the first sketch comedy show to be created, written and directed by a black woman. It also features an all-black female regular cast, with Ashley Nicole Black ("Full Frontal with Samantha Bee"), Gabrielle Dennis ("Rosewood") and Quinta Brunson ("Broke") joining Thede and co-executive producer Issa Rae ("Insecure").

You might also want to tune in for the guest appearances, because the star-studded lineup is a who's who of funny celebrities.

There's Angela Bassett, David Alan Grier and Laverne Cox ... and Tia Mowry, Aja Naomi King, Patti Labelle, Lena Waithe, Amber Riley, Yvonne Orji, Loretta Devine, Gina Torres, Lil Rel Howery, Jermaine Fowler, Deon Cole, Natasha Rothwell, Marsai Martin, Khandi Alexander, Larry Wilmore, Yvette Nicole Brown and Kelly Rowland. You know, just to name a few.

Earlier this month, HBO released an official trailer. Set to Saweetie's "My Type," it gave viewers a taste of what's to come, like a hike gone wrong and a flight attendant struggling to get a clear "yes" from a passenger.

For viewers, and especially comedy fans, "A Black Lady Sketch Show" is a welcome addition to the TV landscape.

Say What: From standup to fangirl encounters with celebrities, Tiffany Haddish ("Girls Trip," 2017) really does say the darnedest things. So it's not much of a stretch to picture the outspoken comedian relating with kids who simply, and innocently, tell it like it is.

This fall, Haddish serves as host and executive producer of ABC's revival of "Kids Say The Darndest Things," which is set to air on Sundays.

Taped in front of a live audience, each episode is a mix of in-studio and taped segments. There's "Kids Rule," in which kids attempt to explain random rules to Haddish; "Best Carpool Ever," with Haddish chatting up a minivan full of kids; "Love Talk" sees the host getting relationship advice; and "Granny Tiff," in which a costumed "elderly" Haddish gets tech advice.

The taped segments come from all across America, courtesy of recent casting calls in several cities, including San Diego and Las Vegas. Kids were asked random questions, and you'll see many of their reactions or candid responses come Oct. 6.

Haddish isn't the only celebrity helming a kids-themed showcase this fall. Melissa McCarthy, who co-stars with Haddish in "The Kitchen" (coming out in theaters next week), is taking over the reins from Steve Harvey for Season 4 of NBC's "Little Big Shots."

The idea for "Kids Say the Darndest Things" isn't new, dating back to 1945 when Art Linkletter incorporated it into his "House Party" radio show, and later on his TV series.

The bit of history that isn't talked about as much is the previous incarnation of "Kids Say the Darndest Things," which was hosted by now-disgraced comedian Bill Cosby. But the only thing it has in common with Haddish's edition — other than funny kids saying funny stuff, of course — is executive producer Eric Schotz, who was also at the helm of CBS's "Seriously Funny Kids" (2011).

Jessica Camacho and J. Alex Brinson in "All Rise"

Sudoku

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Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

Solution on page 2.

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Q&A Hollywood

By Adam Thomlison
TV Media

Q: Any news on what Heidi Klum and Tim Gunn are doing post-"Project Runway"?

A: Fans have been waiting with varying levels of patience for this news for nearly a year, since supermodel Heidi Klum and fashion designer Tim Gunn shocked the reality TV world by announcing their exit from the long-running hit "Project Runway."

They said at the time they'd be launching a new series on Amazon Prime's web streaming service, but nothing more was known about it — until recently.

Amazon announced a few weeks ago that the show would be called "Making the Cut" and is slated to premiere in 2020 (they weren't generous with details).

The first season will feature "12 talented entrepreneurs and designers from around the globe who are competing to take their fledgling brands to the next level in becoming the next big global phenomenon."

If that sounds comfortingly "Project Runway"-esque, you'll be further comforted by the fact that Amazon shared photos from an episode that include a "runway challenge" in front of the Eiffel Tower in Paris.

Q: I heard that Discovery is doing away with the DIY Network and replacing it with one built around the Gaines family from "Fixer Upper." Has Discovery announced what will become of the shows on DIY? I love "Texas Flip 'n' Move," "Big Texas Fix," anything Mike Holmes produces and many of the other shows.

A: It seems these decisions are still being made.

Discovery announced in April that it was rebranding the DIY Channel as the still-unnamed Chip and Joanna Gaines channel. A few days after the news, the Snow sisters, stars of DIY's "Texas Flip'n'Move," said on Twitter that they didn't know what would happen to their show, and they haven't offered any updates since.

The people behind "Barnwood Builders," who run a collective Twitter account for the show, took a more optimistic angle. When asked about what would happen to their show, they said they're "not going anywhere any time soon."

That's optimistic, but it's also just factual. The big Gaines rebrand isn't scheduled to happen until next summer, meaning DIY will carry on as is for a full year.

But there are reasons for fans of the current DIY slate to be optimistic about the more distant future. Discovery's official announcement said the new network "will center around topics including community, home, garden, food, wellness, entrepreneurialism and design." Any of the shows currently on DIY would fit comfortably into that range (granted, it's a pretty broad range).

Have a question? Email us at questions@tvtabloid.com. Please include your name and town. Personal replies will not be provided.

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How Fantastic!

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TROLL
VAMPIRE
WAND
WEREWOLF
WITCH
WIZARD

new on Video

Long Shot

Recently unemployed and unkempt journalist Fred Flarsky (Rogen) reconnects with his childhood crush and babysitter, U.S. Secretary of State Charlotte Field (Theron), at an upscale charity event thrown by Flarsky's best friend, Lance (Jackson). After hiring Flarsky as her new speechwriter to prepare for her presidential campaign, the two become romantically involved. As Charlotte's approval numbers rise, Maggie (Raphael), Charlotte's staffer, tries to warn her of the repercussions of dating someone like Fred. When an ultimatum forces the two apart, Fred must decide what means more to him: other people's needs and opinions or his own.
Director: Jonathan Levine. Stars: Charlize Theron, Seth Rogen, June Diane Raphael, O'Shea Jackson Jr., Ravi Patel, Bob Odenkirk. Andy Serkis, Alexander Skarsgård. 2019. 125 min. Comedy.

UglyDolls

In a world that assigns dolls to specific children based on their traits, deformed and "imperfect" dolls are banished to the remote town of Uglyville because of their differences. Optimistic doll Moxy (Clarkson) dreams of the "Big World" beyond Uglyville, and of some day belonging to a child. After getting advice from Lucky Bat (Leehom), Moxy makes the journey to the town of Perfection with her friends Ugly Dog (Pitbull), Wage (Sykes) and Babo (Iglesias). Throughout their journey to find a child of their own, the hopeful group must overcome bullies, confront their differences and discover that someone's appearance isn't what matters most.
Director: Kelly Asbury. Stars: Kelly Clarkson, Nick Jonas, Janelle Monáe, Blake Shelton, Wang Leehom, Pitbull, Wanda Sykes, Gabriel Iglesias, Ice-T. 2019. 87 min. Animation.

The Intruder

When young married couple Scott (Ealy) and Annie (Good) move into their dream home in Napa Valley, they quickly realize that the home's previous owner, Charlie Peck (Quaid), is obsessed with making sure the house remains as he left it. After discovering that Charlie's wife recently died of cancer, and that he will be moving to Florida, Annie takes pity on him, even though he continuously shows up unannounced at their home. Scott becomes suspicious of Charlie and his growing fixation on Annie. When Scott discovers that Charlie's wife really committed suicide, his doubt grows, and he realizes he must defend his wife and his home from the crazed former owner.
Director: Deon Taylor. Stars: Michael Ealy, Meagan Good, Dennis Quaid, Joseph Sikora. 2019. 102 min. Thriller.

Charlize Theron and Seth Rogen in "Long Shot"

Monday Best Bets

The Bachelorette

WTVD 8:00 p.m.

As her search for romance winds down, Hannah is faced with some difficult decisions at the Rose Ceremony. Former "The Bachelor" participant Hannah Brown dated a variety of eligible men in this season of the popular reality show.

Sharks of the Badlands

DISC 8:00 p.m.

Greg Skomal and Kina Scollay set out to make the shark-infested waters off Cape Cod safe in this premiere. They test cutting-edge technology for detecting sharks and, if all goes well, it will make the area safe again.

Hannah Brown from "The Bachelorette"

The Neighborhood

WNCN 9:30 p.m.

Tina (Tichina Arnold) gets a little intense when she tries to help Gemma (Beth Behrs) with a school fundraiser in this rebroadcast. This comedy follows a Midwestern family and their new neighbors in Los Angeles.

Dateline NBC

WECT WITN WRAL 10:00 p.m.

NBC's news team digs deep to bring viewers fascinating human interest stories, compelling documentaries and hard-hitting investigations. The award-winning news magazine series has been on the air since 1992.

MONDAY EVENING

A - AT&T; C - CenturyLink

JULY 29, 2019

	A	C	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
BROADCAST CHANNELS																		
WECT 6	-	-	News (N)	Inside Ed.	News (N)	News (N)	News (N)	News (N)	Wheel	Jeopardy!	American Ninja "Oklahoma City City Finals" (N) TVPG				Dateline NBC (N)		News (N)	(:35) Tonight
ION 62	47	47	C.Minds "The Gathering"		Crim. Minds "Restoration"		C.Minds "Pay It Forward"		Criminal Minds "Alchemy"		C.Minds "Nanny Dearest"		Criminal Minds "#6"		Criminal Minds		C.Minds "The Replicator"	
WITN 7	-	-	Ellen DeGeneres		News (N)	News (N)	News (N)	News (N)	Wheel	Jeopardy!	American Ninja "Oklahoma City City Finals" (N) TVPG				Dateline NBC (N)		News (N)	(:35) Tonight
WUVC 40	40	-	El gordo y la flaca		Primer impacto		Noticias 40	Noticiero	Amor eterno		La Reina Soy Yo		La rosa de Guadalupe		Por Amar Sin Ley		Noticias 40	NoticieroUni
WLFL 22	22	22	Maury		Black-ish	Black-ish	Goldberg	Modern Fam	BigBang	BigBang	Penn & Teller: Fool Us (N)		Whose (N)	Whose Line	News (N)	(:35) TMZ	(:05) Daily (N)	Page Six
WNCN 17	17	17	Young & Restless		News (N)	News (N)	News (N)	News (N)	Judge Judy	Judge Judy	Love Island (N)		BigBang	Nbhood	Bull "Excessive Force"		News (N)	(:35) Colbert
WRAL 5	5	5	WRAL News at 4 p.m. (N)		News (N)	News (N)	News (N)	News (N)	Inside Ed.	ET (N)	American Ninja "Oklahoma City City Finals" (N) TVPG				Dateline NBC (N)		News (N)	(:35) Tonight
WRAZ 50	50	50	Family Feud	Family Feud	The Game	The Game	Live PD	Live PD	Family Feud	Family Feud	Beat Shazam		Think You Can Dance (N)		WRAL's 10 p.m. News (N)		Access	2½Men
WRDC 28	28	28	Divorce	Divorce	Judge Mathis		The People's Court		Hot Bench	Hot Bench	Law & Order: C.I. "Dead"		Law & O: CI "Bright Boy"		FunnyAsk	FunnyAsk	Dateline	
WTVD 11	11	11	ABC 11 News at 4 (N)		News (N)	News (N)	News (N)	News (N)	Jeopardy!	Wheel	The Bachelorette Pt. 1 of 2 cont'd July 30 (N) TVPG				Grand Hotel (N)		News (N)	(:35) Kimmel
WUNC 4	4	36	Heartland	Garden	Black Issues	News	PBS NewsHour (N)		Business (N)	Chef's Life	Antiques Roadshow		Antiques Roadshow		POV "Inventing Tomorrow" (N) TVPG		Amanpour	
CABLE CHANNELS																		
A&E	132	166	The First 48		The First 48		Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	(:05) Live PD	(:35) Live PD
AMC	119	114	(2:30) ★★★★ War Dogs		★★★★ Moneyball ('11, Bio) TVPG						★★★ American Sniper ('14, War) TVMA						(:05) ★★★★ G.I. Jane	
ANPL	252	252	Alaskans "Winter's Edge"		Last Alaskan "On Thin Ice"		Alaskans "Dark Winter"		Alaskans "Fire and Ice"		The Last Alaskans		The Last Alaskans		Alaskans "Winter's Dawn"		The Last Alaskans	
BET	155	155	(3:00) ★★★ B.A.P.S ('97, Com) TVPG				I Can Do Bad All by Myself ('09, Com/Dra) TVPG						★★★ Enough ('02, Thril) A woman goes on the run from her abusive husband. TV14					
CNBC	216	216	(3:00) Closing Bell		Fast Money		Mad Money		Greed "The Surfer Slayer?"		American Greed: Scam		Greed "Six Feet Plunder"		Greed "The Surfer Slayer?"		American Greed: Scam	
CNN	202	202	The Lead		The Situation Room		The Situation Room		OutFront		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight		CNN Tonight	
COMC	140	140	South Park	South Park	The Office	(:45) The Office		The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Daily Show	Lights Out
CSPAN	230	230	(12:00) U.S. House of Representatives										Politics & Public Policy Today The day's major public affairs and political events. TVG					
DISC	120	120	Guy Fieri's Feeding Frenzy		Shark Week		Shark Week		Shark Week		Sharks of the Badlands (N)		Legend of Deep Blue (N)		SharksHeadstoneHell (N)		Shark After Dark (L)	
DISN	302	302	Raven's.	Raven's.	Raven's.	Andi Mack	Sydney Max	JustRollwIt	Bunk'd	Raven's.	★ Descendants 2 ('17, Fant) TVPG				Amphibia	BigCity	Raven's.	Andi Mack
ESPN	602	26	HighNoon	Highly? (N)	Horn (N)	Interrupt (N)	SportsCenter (N)		MLB Baseball (L) TVG						SportsCenter (N)		SportsCenter (N)	
ESPN2	606	27	(3:00) NFL (N)	C. Football	HighNoon	Highly? (N)	Horn (N)	Interrupt (N)	NFL Live		SportsC. (N)	30 for 30 "Slaying the Badger" (N) TVG			UFC UFC 207 TV14			
FREE	178	178	The Middle	The Middle	The Middle	The Middle	★★★★ The Sandlot ('93, Child) TVPG				★★★ The Parent Trap ('98, Fam) TVPG						The 700 Club	
FOOD	452	452	Chopped		Chopped		Chopped		Chopped		Chopped		Bakers "Life's a Circus" (N)		Cupcake (N)		Chopped	
FNC	210	210	Your World		The Five		Special Report		The Story		Tucker Carlson Tonight		Hannity		The Ingraham Angle		Fox News @ Night	
FSS	726	726	(3:00) MLB Baseball Atlanta vs Philadelphia TVG				Cliff Diving		NHRA Drag Racing -- Denver, Colo. TVG						Spotlight	Focused	Arenacross	
FX	129	128	★★★ The Wolverine ('13, Act) TVPG						★★★★★ Logan ('17, Act) Logan and Professor X protect a young mutant girl. TVMA						Legion "Chapter 25" (N)		Legion "Chapter 25"	
HALL	365	175	★ Love in Paradise ('16, Dra) TVPG				★ Love on Safari ('18, Rom) TVG				★ Eat, Play, Love ('17, Dra) TVG				Golden Girls	Golden Girls	Golden Girls	Golden Girls
HGTV	450	450	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Hidden P (N)	Hidden P	H.Hunt (N)	House (N)	MyPlace (N)	House Hunt.
HIST	256	270	American Pickers		American Pickers		Pickers "American Dream"		American Pickers		American Pickers		American Pickers (N)		(:05) Pawn Stars (N)		(:05) Pawn Stars	
LIFE	360	360	Wife Swap		Wife Swap		Wife Swap		W. Swap "Meeks/ Hoover"		★ Madea's Big Happy Family ('11, Dra) TV14						★ Abducted: The Carlina White Story	
MSNBC	215	215	Deadline: White House		MTP Daily		The Beat With Ari Melber		Hardball		All In With Chris Hayes		Rachel Maddow		The Last Word		The 11th Hour	
MTV	502	502	(3:40) Teen	(:50) Teen Mom: Young and TV14			Teen Mom OG		Teen Mom OG		Teen Mom OG		Teen Mom OG		Teen Mom: Young and		Jersey Shore: Family	
NGEO	265	265	Manufac. (N)	Manufac. (N)	Manufac. (N)	Manufac. (N)	Drain "Deadly Pacific"		Drain the Ocean "WWII"		Drain the Oceans		Drain the Oceans (N)		Hitler "Island of Fire" (N)		Drain the Oceans	
NICK	314	314	(:15) Loud H.	(:35) Loud H.	(:05) Loud H.	(:25) Loud H.	Henry Danger		Smarter	Hunter (N)	Hunter (N)	★ The SpongeBob Movie: Sponge Out of Water TVG				Friends	Friends 1/2	(:35) Friends
OWN	170	256	Dateline "The Reckoning"		Dateline "The Feud"		Dateline "Rear Window"		Dateline "Vengeance"		Dateline "The Stranger"		20/20 on OWN (N)		Deadline		Dateline	
PARMT	145	145	2½Men	2½Men	2½Men	2½Men	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops (N)	Cops	Cops	Cops
SYFY	151	151	(:05) ★★★ Need for Speed ('14, Act) TV14						★★★ The Fast and the Furious ('01, Act) TV14					(:25) ★★★ Two Fast Two Furious ('03, Act) TV14				Futurama
TBN	560	560	John Hagee	JewishJesus	Praise		John Gray	Don Wilton	Samuel	Potter's	Praise		Louie Giglio	C. Caine	BillyGraham	Greg Laurie	Praise	
TBS	112	112	Bob Burgers	Bob Burgers	Bob Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Am.Dad (N)	Final Space	Conan	Seinfeld
TCM	790	790	2:45 ★ After the Thin Man		★★★★★ The Great Ziegfeld ('36, Mus) Florenz Ziegfeld's life story. TVG						★★★★ Experiment in Terror ('62, Cri) TVPG				(:15) ★ Rage (Dra)			
TLC	250	250	American Gypsy Wedd		Yes Dress	Yes Dress	Yes Dress	Yes Dress	90 Day "Chickening Out"		90 Day Fiancé (N)		90 Day Fiancé (N)		The Family Chantel		Mother "Cutting the Cord"	
TNT	108	108	(3:00) ★★★ Remember the Titans TVPG		★★★ The Replacements ('00, Spt) TV14						★★★ Remember the Titans ('00, Dra) TVPG					★★★★ Million Dollar Arm TVPG		
TOON	325	325	Dramalsland	Dramalsland	Total/:15 Total	Victor	TeenT.	Teen Titan	Gumball	Gumball	Amer. Dad	Amer. Dad	Bob Burgers	Bob Burgers	Family Guy	Family Guy	RickMort	Space (N)
TRAVEL	254	254	Haunting "The Dark Side"		A Haunting		A Haunting (N)		Haunt "Immortal Love" (N)		A Haunting (N) TVPG				A Haunting (N)		A Haunting	
TVLAND	138	138	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	A. Griffith	A. Griffith	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	2½Men	2½Men	Queens	Queens
USA	124	124	Chicago P.D. "Snitch"		Chicago "Care Under Fire"		Modern Fam	Modern Fam	Modern Fam	Modern Fam	WWE Monday Night Raw TVPG						Modern Fam	(:35) Modern
WGN	180	180	JAG		JAG		JAG		★★★★ X-Men: First Class ('11, Act) TVPG						★★★★ X-Men: First Class ('11, Act) TVPG			

Tuesday Best Bets

Pandora

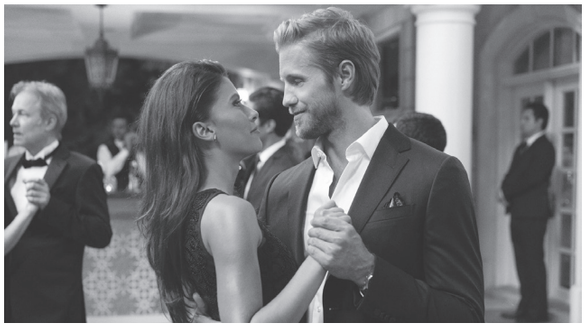
WLFL 8:00 p.m.

Jax (Priscilla Quintana) may finally discover who actually killed her parents when she and Greg (John Harlan Kim) meet a war veteran from the legendary space battle cruiser Sea Hawk in this new episode. Karina Banno and Vikash Bhai also star.

Good Bones

HGTV 9:00 p.m.

When Mina and Karen acquire a century-old duplex in Indianapolis, they decide to keep the units separate and start renovating the north side of the townhome. They create an open-concept living space on the main floor and add a second bathroom.



Sofia Pernas and Matt Barr in "Blood & Treasure"

Blood & Treasure

WNCN 10:00 p.m.

Antiquities expert Danny McNamara (Matt Barr) and art thief Lexi Vaziri (Sofia Pernas) race to find a terrorist who funds his attacks by stealing relics. The globe-trotting adventure series also stars James Callis and Katia Winter.

Black-ish

WTVD 10:30 p.m.

Parents Dre (Anthony Anderson) and Rainbow (Tracee Ellis Ross) try to provide their kids with a sense of cultural identity in this comedy. However, that proves to be a challenge when they realize their kids' childhood is a lot different than theirs was.

TUESDAY EVENING

A - AT&T; C - CenturyLink

JULY 30, 2019

	A	C	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
BROADCAST CHANNELS																		
WECT 6	-	-	News (N)	Inside Ed.	News (N)	News (N)	News (N)	News (N)	Wheel	Jeopardy!	America's Got Talent "Judge Cuts 3" (N) TV14				Bring the Funny (N)		News (N)	(:35) Tonight
ION 62	47	47	C.Minds "Strange Fruit"		Crim. Minds "The Caller"		Criminal Minds "Bully"		Criminal Minds		C.Minds "The Road Home"		Criminal Minds "200"		Private Eyes		Private "The Frame Job"	
WITN 7	-	-	Ellen DeGeneres		News (N)	News (N)	News (N)	News (N)	Wheel	Jeopardy!	America's Got Talent "Judge Cuts 3" (N) TV14				Bring the Funny (N)		News (N)	(:35) Tonight
WUVC 40	40	-	El gordo y la flaca		Primer impacto		Noticias 40	Noticiero	Amor eterno		La Reina Soy Yo		La rosa de Guadalupe		Sin Miedo a la Verdad (N)		Noticias 40	NoticieroUni
WLFL 22	22	22	Maury		Black-ish	Black-ish	Goldberg	Modern Fam	BigBang	BigBang	Pandora (N)		The 100 (N)		News (N)	(:35) TMZ	(:05) Daily (N)	Page Six
WNCN 17	17	17	Young & Restless		News (N)	News (N)	News (N)	News (N)	Judge Judy	Judge Judy	Love Island (N)		NCIS "Boom"		Blood & Treasure (N)		News (N)	(:35) Colbert
WRAL 5	5	5	WRAL News at 4 p.m. (N)		News (N)	News (N)	News (N)	News (N)	Inside Ed.	ET (N)	America's Got Talent "Judge Cuts 3" (N) TV14				Bring the Funny (N)		News (N)	(:35) Tonight
WRAZ 50	50	50	Family Feud	Family Feud	The Game	The Game	Live PD	Live PD	Family Feud	Family Feud	Spin the Wheel		9-1-1 "New Beginnings"		WRAL's 10 p.m. News (N)		Access	2½Men
WRDC 28	28	28	Divorce	Divorce	Judge Mathis		The People's Court		Hot Bench	Hot Bench	Chicago P.D. "Home"		Chicago P.D. "Fallen"		FunnyAsk	FunnyAsk	Dateline	
WTVD 11	11	11	ABC 11 News at 4 (N)		News (N)	News (N)	News (N)	News (N)	Jeopardy!	Wheel	The Bachelorette (SF) Pt. 2 of 2 from July 29 (N) TVPG				Bless-Mess	Black-ish	News (N)	(:35) Kimmel
WUNC 4	4	36	Wood Shop	Woodwri.	Bookwatch	News	PBS NewsHour (N)		Business (N)	Flavor, NC	American Experience "Chasing the Moon" TVPG				Beyond a Year in Space		Amanpour/Company (N)	
CABLE CHANNELS																		
A&E	132	166	(2:00) Live PD		Live PD: Rewind		Live PD: Rewind		Live PD /(:05) Live PD		Live PD (L) TV14				60 Days In: Narcoland (N)		Live PD: Rewind	
AMC	119	114	(2:00) ★★★★ G.I. Jane		★★ American Sniper ('14, War) TVMA						★★★★★ The Shawshank Redemption ('94, Dra) TV14						(:05) ★★★★ Cast Away	
ANPL	252	252	River Monsters		River Monsters		River Monsters		River Monsters		Dark Waters		Dark Waters		Wild Australia TVG			
BET	155	155	(3:00) ★ I Can Do Bad All by Myself TVPG				★★ Enough ('02, Thril) A woman goes on the run from her abusive husband. TV14						Tales "Bodak Yellow" (N)		The Next Big Thing (N)		Tales "Bodak Yellow"	
CNBC	216	216	(3:00) Closing Bell		Fast Money		Mad Money		Shark Tank		Shark Tank		The Profit: "Wick'ed" (N)		Cash Pad (N)		The Profit: "Wick'ed"	
CNN	202	202	The Lead		The Situation Room		The Situation Room		OutFront		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight		CNN Tonight	
COMC	140	140	Cleveland	Cleveland	The Office	(:45) The Office		The Office	The Office	The Office	The Office	The Office	Drunk	Drunk	Drunk	Alternatino	Daily Show	Lights Out
CSPAN	230	230	(10:00) U.S. House of Representatives										Politics & Public Policy Today The day's major public affairs and political events. TVG					
DISC	120	120	Sharks of the Badlands		Sharks of Cuba		Ronda Rousey Uncaged		Shark Week		Sharkwrecked (N)		Laws of Jaws (N)		Air Jaws Strikes Back (N)		Shark After Dark (L)	
DISN	302	302	Raven's.	Raven's.	Raven's.	Andi Mack	JustRollwIt	Bunk'd	Raven's.	Sydney Max	Descendants 2 ('17, Fant) TVPG				Amphibia	BigCity	Sydney Max	Andi Mack
ESPN	602	26	HighNoon	Highly? (N)	Horn (N)	Interrupt (N)	SportsCenter (N)		E:60 Pictures (N)		30 for 30 (N)		ESPN Films "Unguarded"		Chris Herren		SportsCenter (N)	
ESPN2	606	27	(3:00) NFL (N)	C. Football	HighNoon	Highly? (N)	Horn (N)	Interrupt (N)	NBA: The Jump (N)		Baseball (L) TVG					NFL Live TVG		
FREE	178	178	(3:00) ★★★★ The Sandlot		★★ The Parent Trap ('98, Fam) TVPG						Trouble "In the Middle" (N)		★★★★ Matilda ('96, Fam) TVPG				The 700 Club	
FOOD	452	452	Chopped Junior		Chopped "Toast Boast"		Chopped Junior		Chopped Junior		Chopped Junior (N)		Chopped (N)		Chopped "Think Small!"		Chopped	
FNC	210	210	Your World		The Five		Special Report		The Story		Tucker Carlson Tonight		Hannity		The Ingraham Angle		Fox News @ Night	
FSS	726	726	Arenacross		BRedfern (N)	Destination	WPT Poker Cash Game		WPT Poker Cash Game		Champions Tennis Legends QQQ Series TVG				WSL Highlights		Arenacross	
FX	129	128	Movie		★★★★★ Logan ('17, Act) Logan and Professor X protect a young mutant girl. TVMA						★★★★ Alien: Covenant ('17, Sci-Fi) TVMA				Pose "Blow" (N)		Pose "Blow"	
HALL	365	175	★ Summer Villa ('16, Rom) TVG				★ Love at Sea ('18, Rom) TVG				★ Rome in Love ('', Rom) TVG				Golden Girls	Golden Girls	Golden Girls	Golden Girls
HGTV	450	450	Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Good Bones (N)		H.Hunt (N)	House (N)	House Hunt.	House
HIST	256	270	A. Pickers "The Superfan"		A. Pickers "Slim Pickings"		Pickers "Bucking Bronco"		American Pickers		Pickers "Picker's Dozen"		American Pickers (N)		(:05) American Pickers		(:05) American Pickers	
LIFE	360	360	W. Swap "Harris/ Weasel"		Wife Swap		Wife Swap		Dance Moms		Dance Moms: Chat (N)		Dance Moms (N)		(:05) Two Weeks Notice ('02, Com) TV14			
MSNBC	215	215	Deadline: White House		MTP Daily		The Beat With Ari Melber		Hardball		All In With Chris Hayes		Rachel Maddow		The Last Word		The 11th Hour	
MTV	502	502	(3:40) Jersey	(:50) Jersey Shore: Family Vacation TV14			Teen Mom: Young and		Teen Mom: Young and		Teen Mom: Young and		The Challenge: Vendettas			Ridiculous	Ridiculous	Ridiculous
NGEO	265	265	Story God "Beyond Death"		God "Heaven and Hell"		Hurricane Kat. Category four leaves devastation. TVPG				Weather (N)		Weather (N)		Witness to Disaster (N)		Weather	
NICK	314	314	(:15) Loud H.	(:35) Loud H.	(:05) Loud H.	(:25) Loud H.	Loud House	Loud House	H.Danger	Hunter (N)	Henry Danger		★★ The SpongeBob SquarePants Movie TVPG				Friends	(:35) Friends
OWN	170	256	Ext. Weight Loss "Rachel"		Ext. Weight Loss "Dana"		Ext. Weight Loss "Alex"		Ext. Weight Loss "Wally"		Ambitions		Ambitions		Ambitions (N)		Ambitions	
PARMT	145	145	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Mom	★★★★ Old School ('03, Com) TV14				Ink Master (N)		★★★★ Old School	
SYFY	151	151	Movie	(:40) ★★ The Fast and the Furious ('01, Act) TV14					★★ Two Fast Two Furious ('03, Act) TV14				(:20) ★★ The Fast and the Furious: Tokyo Drift ('06, Act) TV14				Movie	
TBN	560	560	John Hagee	InGrace	Praise		Heaven	Jackson	John Gray	Potter's	Praise		J.Prince	J. Cahn	Enjoy-Life	Lead Way	Praise	
TBS	112	112	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Family Guy	Family Guy	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	Detour (N)	Conan	The Detour
TCM	790	790	Movie	★★★★ I Confess ('53, Myst) TVPG			(:15) ★★ The Angel Wore Red ('60, War) TVPG				★★★★★ Close Encounters of the Third Kind ('77, Sci-Fi) TVPG						★ Star Wars: Episode IV - A New Hope	
TLC	250	250	OutDaughtered		OutDaughtered		OutDaughtered		OutDaughtered (N)		OutDaughtered (N)		OutDaughtered "There's No Place Like Home" TVPG				(:05) OutDaughtered	
TNT	108	108	(3:00) ★★ Divergent ('14, Act) TVPG				★★★★ Man of Steel ('13, Act) TV14						Animal "Exit Strategy" (N)		Animal "Exit Strategy"		(:05) ★ Miss Congeniality	
TOON	325	325	DramaIsland	DramaIsland	DramaRama	Victor/ Victor	TeenT.	TeenT.	Gumball	Gumball	Amer. Dad	Amer. Dad	Bob Burgers	Bob Burgers	Family Guy	Family Guy	RickMort	Robot/ Robot
TRAVEL	254	254	Legendary Locations		Legendary Locations		Expedition Unknown		Expedition Unknown		Exp. Unkown "Japanese Secret Treasures" (N) TVPG				America Unearthed (N)		Mummies Unwrapped (N)	
TVLAND	138	138	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	A. Griffith	A. Griffith	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	2½Men	2½Men	Queens	Queens
USA	124	124	Chrisley	Chrisley	Chrisley	Chrisley	Modern Fam	Modern Fam	Modern Fam	Modern Fam	WWE Super Smackdown				Chrisley (N)	Miz (N)	Modern Fam	Modern Fam
WGN	180	180	JAG		JAG		JAG		Cops	Cops	Cops	Cops	Cops	Cops	Disappear "Treasure Hunt"		Cops	Cops

Wednesday Best Bets

MasterChef

WRAZ 8:00 p.m.

Gordon Ramsay, Aarón Sánchez and Joe Bastianich mentor talented home cooks as they compete for the $250,000 prize in this new episode. Each week, the home cooks face culinary challenges designed to test their skills in the kitchen.

Jane the Virgin

WLFL 9:00 p.m.

Rafael (Justin Baldoni) wants to help Jane (Gina Rodriguez) with her writing dream, but his actions get him in trouble in this finale. Also, Xo (Andrea Navedo) and Rogelio (Jaime Camil) tell everyone about their big decision.

Rick Hoffman in "Suits"

Suits

USA 9:00 p.m.

Louis Litt (Rick Hoffman) and his partners at Zane Specter Litt Wheeler Williams struggle to salvage their firm's reputation in the new season. Meanwhile, Harvey (Gabriel Macht) realizes he doesn't want to lose Donna (Sarah Rafferty).

The InBetween

WECT WITN WRAL 10:00 p.m.

Damien (Justin Cornwell) and Tom (Paul Blackthorne) try to uncover the truth about the death of a vibrant young woman in this new episode. Meanwhile, Cassie (Harriet Dyer) has visions that tell a complex family story, and she meets a childhood idol.

WEDNESDAY EVENING

A - AT&T; C - CenturyLink

JULY 31, 2019

	A	C	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
BROADCAST CHANNELS																		
WECT 6	-	-	News (N)	Inside Ed.	News (N)	News (N)	News (N)	News (N)	Wheel	Jeopardy!	Ellen's Game of Games		Songland		The InBetween (N)		News (N)	(:35) Tonight
ION 62	47	47	Blue Bloods		Blue Bloods "Confessions"		BlueB. "Unbearable Loss"		BlueB. "Not Fade Away"		Blue Blood "Hard Bargain"		Blue Bloods		Blue Bloods "Love Lost"		Blue Bloods	
WITN 7	-	-	Ellen DeGeneres		News (N)	News (N)	News (N)	News (N)	Wheel	Jeopardy!	Ellen's Game of Games		Songland		The InBetween (N)		News (N)	(:35) Tonight
WUVC 40	40	-	El gordo y la flaca		Primer impacto		Noticias 40	Noticiero	Amor eterno		La Reina Soy Yo		La rosa de Guadalupe		Sin Miedo a la Verdad		Noticias 40	NoticieroUni
WLFL 22	22	22	Maury		Black-ish	Black-ish	Goldberg	Modern Fam	BigBang	BigBang	Jane the Virgin (N)		Jane the Virgin (F) (N)		News (N)	(:35) TMZ	(:05) Daily (N)	Page Six
WNCN 17	17	17	Young & Restless		News (N)	News (N)	News (N)	News (N)	Judge Judy	Judge Judy	Love Island (N)		Big Brother		S.W.A.T. "Jack"		News (N)	(:35) Colbert
WRAL 5	5	5	WRAL News at 4 p.m. (N)		News (N)	News (N)	News (N)	News (N)	Inside Ed.	ET (N)	Ellen's Game of Games		Songland		The InBetween (N)		News (N)	(:35) Tonight
WRAZ 50	50	50	Family Feud	Family Feud	The Game	The Game	Live PD	Live PD	Family Feud	Family Feud	MasterChef (N)		Respond "Episode 107" (N)		WRAL's 10 p.m. News (N)		Access	2½Men
WRDC 28	28	28	Divorce	Divorce	Judge Mathis		The People's Court		Hot Bench	Hot Bench	Dateline		Dateline		FunnyAsk	FunnyAsk	Dateline	
WTVD 11	11	11	ABC 11 News at 4 (N)		News (N)	News (N)	News (N)	News (N)	Jeopardy!	Wheel	Press Your Luck (N)		Card Sharks (N)		Match Game (N)		News (N)	(:35) Kimmel
WUNC 4	4	36	Father Brown		Time Goes	News	PBS NewsHour (N)		Business (N)	Sci NC	Ancient Skies (N)		Nova "Jupiter" (N)		The Farthest: Voyager in Space TVPG			
CABLE CHANNELS																		
A&E	132	166	The First 48		Wahlburgers		Wahlburgers		Wahlburgers		Wahlburgers		Wahlburgers		Wahlburgers		(:05) Wahlburgers	
AMC	119	114	(2:00) ★★★★ Cast Away		★★★★★ The Shawshank Redemption ('94, Dra) TV14						★★★ Road House ('89, Act) TVMA					(:35) ★★★ Road House ('89, Act) TVMA		
ANPL	252	252	Lone Star Law		L. Star Law "New Blood"		Lone Star Law "Busted"		Lone Star Law		Lone Star "Snakes, Sharks, and Misdemeanors" (N) TV14		L. Star Law "Fawn Stars"				Lone Star Law	
BET	155	155	(3:00) ★★★ Get Rich or Die Tryin' ('05, Dra) TVMA				★ Alex Cross ('12, Act) Tyler Perry. A skilled serial killer inflicts pain and torture. TV14						★ Good Deeds ('12, Com/Dra) TV14					
CNBC	216	216	(3:00) Closing Bell		Fast Money		Mad Money		Deal or No Deal		Deal or No Deal		No Deal "Vision Quest" (N)		Deal or No Deal		Deal or No Deal	
CNN	202	202	The Lead		The Situation Room		The Situation Room		OutFront		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight		CNN Tonight	
COMC	140	140	South Park	South Park	South Park	(:45) South Park		South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	So.Side (N)	Daily S. (N)	Lights Out
CSPAN	230	230	(10:00) U.S. House of Representatives										Politics & Public Policy Today The day's major public affairs and political events. TVG					
DISC	120	120	Shark Week		Shark Week		Shark Week		Shark Week		Extinct or Alive (N)		Capsized: Blood in the Water (N)				Shark After Dark (L)	
DISN	302	302	Sydney Max	Sydney Max	Raven's.	Andi Mack	Bunk'd	Raven's.	Sydney Max	JustRollwIt	★ Descendants 2 ('17, Fant) TVPG				Amphibia	BigCity	JustRollwIt	Andi Mack
ESPN	602	26	HighNoon	Highly? (N)	Horn (N)	Interrupt (N)	SportsCenter (N)		SportsC. (N)	Baseball T.	MLB Baseball (L) TVG						SportsCenter (N)	
ESPN2	606	27	(2:) Tonight	C. Football	HighNoon	Highly? (N)	Horn (N)	Interrupt (N)	NFL Live		SportsC.		NFL's Greatest Games		NFL's Greatest Games		NFL Prog.	NFL Live
FREE	178	178	The Middle	The Middle	The Middle	The Middle	★★★★ Matilda ('96, Fam) TVPG				Grown (N)		★★★★ Pitch Perfect ('12, Com) TV14				The 700 Club	
FOOD	452	452	Game "Friend or Foe"		Guy's Grocery Games		Guy's Grocery Games		Guy's Game "Teen Chefs"		Game "Cookin' Couples"		Guy's Grocery Games (N)		Guy's Grocery Games		Game "Free Samples"	
FNC	210	210	Your World		The Five		Special Report		The Story		Tucker Carlson Tonight		Hannity		The Ingraham Angle		Fox News @ Night	
FSS	726	726	WPT Poker Cash Game		WPT Poker Cash Game		WSL Highlights		Arenacross		NHRA Drag Racing -- Denver, Colo. TVG						WPT Poker Cash Game	
FX	129	128	2: ★ Elysium	★★★★ Alien: Covenant ('17, Sci-Fi) TVMA					★★★ The Fate of the Furious ('17, Act) TVPG						Snowfall (N)		Snowfall	
HALL	365	175	★ Autumn Dreams ('15, Dra) TVG				★ My Summer Prince ('16, Rom) TVG				★ Summer Love ('16, Rom) TVG				Golden Girls	Golden Girls	Golden Girls	Golden Girls
HGTV	450	450	Buying "East Vs. West"		Buying and Selling		Buying and Selling		Buying/ Sell "Oh Brother!"		Property "Mountain Chic"		Property Brothers (N)		H.Hunt (N)	House (N)	Property Brothers	
HIST	256	270	CountCars	CountCars	CountCars	CountCars	Forged in Fire		Forged in Fire		Forged in Fire (N)		Forged in Fire (N)		(:05) StrongestHistory (N)		(:05) Forged in Fire	
LIFE	360	360	Wife Swap		Wife Swap		Marrying (N)		Married at First Sight		Married (N)	Married at First Sight (N) TV14			(:05) Marrying Millions (N)		(:05) Married at First Sight	
MSNBC	215	215	Deadline: White House		MTP Daily		The Beat With Ari Melber		Hardball		All In With Chris Hayes		Rachel Maddow		The Last Word		The 11th Hour	
MTV	502	502	Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show	
NGEO	265	265	Drugs "Big Apple Coke"		Drugs, Inc. "Cocaine"		Drugs, Inc.		Drugs, Inc. "Cokeland"		Drugs "The High Wire"		Drugs, Inc.: The Fix (N)		Drugs "Hallucinogens"		Drugs "The High Wire"	
NICK	314	314	(:15) Loud H.	(:35) Loud H.	(:05) Loud H.	(:25) Loud H.	Loud House	Henry Danger		Hunter (N)	★★★ Teenage Mutant Ninja Turtles: Out of the Shadows TV14				Friends		Friends	(:35) Friends
OWN	170	256	Dateline		Dateline		Dateline		Dateline "The Informant"		Queen Sugar "By the Spit"		Queen Sugar (N)		Oprah (N)	Oprah and	Queen Sugar "By the Spit"	
PARMT	145	145	2½Men	★★★ Kill Bill: Vol. 1 ('03, Act) TVMA					★★★ Kill Bill: Vol. 2 ('04, Act) An assassin continues her quest for vengeance. TVMA						Yellowstone (N)		★★★ Kill Bill: Vol. 2	
SYFY	151	151	2: ★ Harry Potter & the Sorcerer's Stone		(:40) ★★★ The Fast and the Furious: Tokyo Drift ('06, Act) TV14						★★★ Fast and Furious ('09, Act) TVPG				Krypton "Mercy" (N)		★★★ The Call ('13, Thril)	
TBN	560	560	John Hagee	Taking Care	Praise		Access 360	Super.	B. Graham	Potter's	JohnGray	T.Point	J.Prince	S. Furtick	Beth Moore	R.Morris	John Gray	History
TBS	112	112	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Family Guy	Family Guy	Bob Burgers	Bob Burgers	BigBang	BigBang	BigBang	BigBang	BigBang	Frontal (N)	Conan	Full Frontal
TCM	790	790	★★★★ Cry Havoc ('44, War) TVPG			AngelMercy	★★★ Homecoming ('48, Dra) TVPG						★★★★★ Star Wars: Episode IV - A New Hope TVPG				(:15) ★★★★★ Young Frankenstein ('74, Com) TV14	
TLC	250	250	American Gypsy Wedd		Yes Dress	Yes Dress	Yes Dress	Yes Dress	Say Yes to the Dress				Dr. Pimple Popper (N)		The Family Chantel		Mother "Cutting the Cord"	Unexpected
TNT	108	108	★★★ Tammy ('14, Com) TVMA				★★★ Ghosts of Girlfriends Past ('09, Rom) TV14				★★★ Miss Congeniality ('00, Com) TV14						★★★ Ghosts of Girlfriends Past ('09, Rom) TV14	
TOON	325	325	Dramalsland	Dramalsland	Total/:15 Total	Victor/ Victor	TeenT.	TeenT.	Gumball	Gumball	Amer. Dad	Amer. Dad	Bob Burgers	Bob Burgers	Family Guy	Family Guy	RickMort	Robot/ Robot
TRAVEL	254	254	Mysteries at the Museum		Mysteries at the Museum		Paranormal		Paranormal		UFOs: The Lost Evidence		UFOs: Lost Evidence (N)		Alien Highway (N)		Ripley's Believe It or Not!	
TVLAND	138	138	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	A. Griffith	A. Griffith	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	Younger (N)	2½Men	Queens	Queens
USA	124	124	Law&O: SVU "Sacrifice"		Law&O: SVU "Inheritance"		Law&Order: SVU "Care"		Law&O: SVU "Info Wars"		SVU "In Loco Parentis"		Suits		Pearson (N)		SVU "Assaulting Reality"	
WGN	180	180	JAG		JAG		JAG		JAG		JAG		JAG		JAG		JAG	

Thursday Best Bets

Hall of Fame Game

WECT WITN WRAL 8:00 p.m.

Football fans flock to Tom Benson Hall of Fame Stadium for the annual Hall of Fame Game, which takes place the weekend of the Pro Football Hall of Fame induction ceremony. This year's matchup features the Denver Broncos and the Atlanta Falcons.

The Outpost

WLFL 9:00 p.m.

In this new episode, when Gwynn (Imogen Waterhouse) is taken hostage, it looks as if Talon (Jessica Green) is the only one who can pay the ransom. While Talon summons a risky ally for help, Janzo (Anand Desai-Barochia) tests out his new image.

Zach Galifianakis in "Baskets"

Baskets

FX 10:00 p.m.

As Christine (Louie Anderson) prepares for her wedding, a carpet emergency threatens to derail her plans in this new episode. Zach Galifianakis stars as rodeo clown Chip Baskets and his twin brother, Dale, in this comedy.

My Crazy Birth Story

TLC 11:00 p.m.

This new episode recounts how a prankster's sister didn't believe she was really in labor. Also, a woman talks about giving birth at a fire station with a crowd of firemen helping. In another story, a young couple races to make it to the hospital.

THURSDAY EVENING

A - AT&T; C - CenturyLink

AUGUST 1, 2019

	A	C	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
BROADCAST CHANNELS																		
WECT 6	-	-	News (N)	Inside Ed.	News (N)	News (N)	News (N)	News (N)	Wheel	Jeopardy!	NFL Football Hall of Fame Game Denver Broncos vs. Atlanta Falcons (L) TV14						News (N)	(:35) Tonight
ION 62	47	47	Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D. "8:30"		Chicago P.D. "My Way"		Chicago P.D. "The Docks"		Chicago P.D.	
WITN 7	-	-	Ellen DeGeneres		News (N)	News (N)	News (N)	News (N)	Wheel	Jeopardy!	NFL Football Hall of Fame Game Denver Broncos vs. Atlanta Falcons (L) TV14						News (N)	(:35) Tonight
WUVC 40	40	-	El gordo y la flaca		Primer impacto		Noticias 40	Noticiero	Amor eterno		La Reina Soy Yo		La rosa de Guadalupe		Sin Miedo a la Verdad		Noticias 40	NoticieroUni
WLFL 22	22	22	Maury		Black-ish	Black-ish	Goldberg	Modern Fam	BigBang	BigBang	iZombie (F) (N)		The Outpost (N)		News (N)	(:35) TMZ	(:05) Daily (N)	Page Six
WNCN 17	17	17	Young & Restless		News (N)	News (N)	News (N)	News (N)	Judge Judy	Judge Judy	Love Island (N)		Big Brother (N)		Element. "Unfriended" (N)		News (N)	(:35) Colbert
WRAL 5	5	5	WRAL News at 4 p.m. (N)		News (N)	News (N)	News (N)	News (N)	Inside Ed.	ET (N)	NFL Football Hall of Fame Game Denver Broncos vs. Atlanta Falcons (L) TV14						News (N)	(:35) Tonight
WRAZ 50	50	50	Family Feud	Family Feud	The Game	The Game	Live PD	Live PD	Family Feud	Family Feud	MasterChef (N)		Spin the Wheel (N)		WRAL's 10 p.m. News (N)		Access	2½Men
WRDC 28	28	28	Divorce	Divorce	Judge Mathis		The People's Court		Hot Bench	Hot Bench	Good Wife "Net Worth"		Good Wife "Silver Bullet"		FunnyAsk	FunnyAsk	Dateline	
WTVD 11	11	11	ABC 11 News at 4 (N)		News (N)	News (N)	News (N)	News (N)	Jeopardy!	Wheel	Holey Moley (N)		Family Food Fight (N)		Reef Break (N)		News (N)	(:35) Kimmel
WUNC 4	4	36	Quilt Arts	Fons&Porter	Business R.	News	PBS NewsHour (N)		Business (N)	Explore N.C.	ncImpact	Muse:Art	NCW'end	Explore N.C.	H. Point "Anders Ericsson"		Amanpour/Company (N)	
CABLE CHANNELS																		
A&E	132	166	Live Rescue TV14				Live Rescue TV14				Live Rescue: Rewind		Live Rescue (L) TV14				60 Days In: Narcoland	
AMC	119	114	(3:00) ★★★★ A Bronx Tale TVMA			★★★ Road House ('89, Act) TVMA					★★★★ Gladiator ('00, Epic) A Roman general is forced to become a gladiator. TVMA							Movie
ANPL	252	252	IceGold "Golden Glacier"		Ice Cold Gold		Ice Cold Gold		IceGold "Weird Science"		Ice Cold Gold "Eqi Gold"		IceGold "Fight for Gold"		Ice Cold Gold		Ice Cold Gold	
BET	155	155	(3:00) ★★★ House Party ('90, Com) TV14				★★★ House Party 2 ('91, Com) A man must raise tuition money. TV14						★★★ House Party ('90, Com) TV14					
CNBC	216	216	(3:00) Closing Bell		Fast Money		Mad Money		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank	
CNN	202	202	The Lead		The Situation Room		The Situation Room		OutFront		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight		CNN Tonight	
COMC	140	140	Parks/Rec	Parks/Rec	The Office	(:45) The Office		The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Klepper	Daily Show	Lights Out
CSPAN	230	230	(10:00) U.S. House of Representatives										Politics & Public Policy Today The day's major public affairs and political events. TVG					
DISC	120	120	Shark Week		Shark Week		Shark Week		Shark Week		Return to Shark Island (N)		Guadalupe Kill Zone (N)		Monster Mako (N)		Shark After Dark (L)	
DISN	302	302	BigCity	BigCity	BigCity	Jessie	Jessie	CoopCami	Jessie		Bunk'd	Bunk'd	Jessie	Jessie	Sydney Max	CoopCami	Miraculous	Bunk'd
ESPN	602	26	HighNoon	Highly? (N)	Horn (N)	Interrupt (N)	SportsCenter (N)		Basketball The Tournament Quarter-final (L) TVG				X Games Minneapolis 2019 (L) TVG				SportsCenter (N)	
ESPN2	606	27	(3:00) NFL (N)	C. Football	HighNoon	Highly? (N)	Horn (N)	Interrupt (N)	CFL Football Winnipeg Blue Bombers at Toronto Argonauts Site: BMO Field (L) TVG						WNBA Basketball Las Vegas vs Los Angeles (L) TVG			
FREE	178	178	The Middle	The Middle	The Middle	★★★★ Pitch Perfect ('12, Com) TV14					Siren (N)		★★★ Hancock ('08, Act) TV14				The 700 Club	
FOOD	452	452	Chopped		Chopped		Chopped		Chopped		Chopped: Grilled (N)		BBQ Brawl (N)		Beat Flay (N)	Beat Flay	Beat Flay	Beat Flay
FNC	210	210	Your World		The Five		Special Report		The Story		Tucker Carlson Tonight		Hannity		The Ingraham Angle		Fox News @ Night	
FSS	726	726	Crashed Ice TVPG			Crankworx	Champions Tennis Legends QQQ Series TVG				Xterra World		WSL Highlights		Arenacross		Destination	Red Bull H/L
FX	129	128	(2:00) Split	Passengers ('16, Adv) TV14					★★★ The Fate of the Furious ('17, Act) TVPG						Baskets (N)	Baskets	Baskets	Movie
HALL	365	175	A Summer to Remember ('18, Com) TVG				Bottled With Love (", Dra) TVG				A Country Wedding ('15, Dra) TVG				Golden Girls	Golden Girls	Golden Girls	Golden Girls
HGTV	450	450	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Bargain	Flip or Flop	Flip or Flop	FlipFlop (N)	Flip or Flop	H.Hunt (N)	House (N)	Going fo (N)	House Hunt.
HIST	256	270	Pawn Stars		Pawn Stars		Mountain "The Long Haul"		Mountain Men		Mountain Men (N)		Ax Men "Steel Knot" (N)		(:05) Alone "Out Cold" (N)		(:05) Alone "Night Raider"	
LIFE	360	360	Grey's Anatomy		Grey's Anatomy		Bring It!		Bring It!		Bring It!		Bring It!		(:05) The Rap Game		DaBrat	Bring It!
MSNBC	215	215	Deadline: White House		MTP Daily		The Beat With Ari Melber		Hardball		All In With Chris Hayes		Rachel Maddow		The Last Word		The 11th Hour	
MTV	502	502	Jersey Shore		Jersey Shore		Jersey Shore		Jersey Shore		Jersey Shore: Family		Jersey Shore: Family		Jersey Shore: Family		Jersey Shore: Family	
NGEO	265	265	World's Deadliest		World's Deadliest		Vegas Mafia		Russian Gangsters		Crime Lords of Tokyo		Narco State		Narco Wars		Crime Lords of Tokyo	
NICK	314	314	(:05) Loud H.	(:35) Loud H.	(:05) Loud H.	(:25) Loud H.	Loud House	Loud House	H.Danger	Hunter (N)	★★★★ The Princess Diaries ('01, Fam) TVPG					Friends	Friends	Friends
OWN	170	256	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN	
PARMT	145	145	Mom	Mom	Mom	Mom	Mom	Mom	★★★★ Walking Tall ('04, Act) TV14				The Last Cowboy (N)		★★★★ Walking Tall ('04, Act) TV14			
SYFY	151	151	★★★ The Call ('13, Thril) TV14				★★★ Fast and Furious ('09, Act) TVPG				★★★★ Fast Five ('11, Act) TVPG						(:55) Krypton "Mercy"	
TBN	560	560	John Hagee	Jackson	BillyGraham	B. Graham	John Gray	Love Speaks	History	Potter's	Praise		J.Prince	Marriage	Joel Osteen	C. Caine	Praise	
TBS	112	112	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Family Guy	Family Guy	Seinf. 2/2	Seinfeld	BigBang	BigBang	BigBang	BigBang	BigBang	BigBang	Conan	Seinfeld
TCM	790	790	(3:45) ★★★★★ Mister Roberts ('55, Com) TVPG				★★★★ The Wrong Man ('56, Cri) TVPG				★★★★ The Lady Eve ('41, Rom) TVG				★★★★★ Twelve Angry Men ('57, Dra) TV14			
TLC	250	250	Unexpected		Unexpected		90 Day Fiancé "Tell All: Part 2" TV14				Pimple "Hips Don't Lie"		Dr. Pimple Popper (N)		Untold Stories (N)		My Crazy Birth Story (N)	
TNT	108	108	(3:00) ★★★★ Million Dollar Arm TVPG			★★★ Remember the Titans ('00, Dra) TVPG					★★★★ Million Dollar Arm ('14, Bio) TVPG					★★★ Remember the Titans TVPG		
TOON	325	325	Dramalsland	Dramalsland	Total/:15 Total	Victor/ Victor	TeenT.	TeenT.	Gumball	Gumball	Amer. Dad	Amer. Dad	Bob Burgers	Bob Burgers	Family Guy	Family Guy	RickMort	Robot/ Robot
TRAVEL	254	254	The Dead Files		The Dead Files		The Dead Files		The Dead Files "The Cult"		The Dead Files (N) TVPG				D.Files "Not My Child" (N)		The Dead Files	
TVLAND	138	138	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	A. Griffith	A. Griffith	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	2½Men	2½Men	Queens	Queens
USA	124	124	(3:00) Madea's Witness Protection			Boo! A Madea Halloween ('16, Com) TV14				(:45) Madea's Big Happy Family ('11, Dra) TV14					Queen of the South (N)		Pearson	
WGN	180	180	JAG		JAG		JAG		Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.

Friday Best Bets

Love It or List It, Too

HGTV 10:00 a.m.

Jennifer and Donna enlist the help of experts as they try to decide what to do about their living arrangements in this new episode. While Jennifer is ready to move into a larger house, Donna hopes Jillian can make their home more functional.

Love Island

WNCN 8:00 p.m.

Arielle Vandenberg hosts as single people live it up in a stunning tropical paradise during a summer of love in this new episode. The American version of the international hit series gives viewers the power to shape the events onscreen.

Arielle Vandenberg hosts "Love Island"

Andrew Mayne: Ghost Diver

DISC 9:00 p.m.

Master illusionist Andrew Mayne tries to create the world's first shark suit in this premiere one-hour special. He hopes that his invention will make him invisible to what many consider to be the world's most perfect predator.

Killjoys

SYFY 10:00 p.m.

The Killjoys escape the clutches of The Lady and reunite with Lucy (Tamsen McDonough) in this new episode. Dutch (Hannah John-Kamen), John (Aaron Ashmore) and D'av (Luke Macfarlane) begin to wonder if there's a traitor among them.

FRIDAY EVENING

A - AT&T; C - CenturyLink

AUGUST 2, 2019

	A	C	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
BROADCAST CHANNELS																		
WECT 6	-	-	News (N)	Inside Ed.	News (N)	News (N)	News (N)	News (N)	Wheel	Jeopardy!	American Ninja War. "Oklahoma City City Finals" TVPG				Dateline NBC (N)		News (N)	(:35) Tonight
ION 62	47	47	NCIS: Los Angeles		NCIS: LA "Predator"		NCIS: Los Angeles		NCIS: LA "Killshot"		NCIS: LA "Keepin' It Real"		NCIS: LA "Pushback"		NCIS: LA "Ambush"		NCIS: Los Angeles	
WITN 7	-	-	Ellen DeGeneres		News (N)	News (N)	News (N)	News (N)	Wheel	Jeopardy!	American Ninja War. "Oklahoma City City Finals" TVPG				Dateline NBC (N)		News (N)	(:35) Tonight
WUVC 40	40	-	El gordo y la flaca		Primer impacto		Noticias 40	Noticiero	Amor eterno		La Reina Soy Yo		La rosa de Guadalupe		Sin Miedo a la Verdad		Noticias 40	NoticieroUni
WLFL 22	22	22	Maury		Black-ish	Black-ish	Goldberg	Modern Fam	BigBang	BigBang	Illusion (N)	Big Stage (N)	The Outpost		News (N)	(:35) TMZ	(:05) Daily (N)	Page Six
WNCN 17	17	17	Young & Restless		News (N)	News (N)	News (N)	News (N)	Judge Judy	Judge Judy	Love Island (N)		Hawaii Five-0		Blue Bloods "Past Tense"		News (N)	(:35) Colbert
WRAL 5	5	5	WRAL News at 4 p.m. (N)		News (N)	News (N)	News (N)	News (N)	Inside Ed.	ET (N)	American Ninja War. "Oklahoma City City Finals" TVPG				Dateline NBC (N)		News (N)	(:35) Tonight
WRAZ 50	50	50	Family Feud	Family Feud	The Game	The Game	Live PD	Live PD	Family Feud	Family Feud	Respond "Episode 107"		Chef "Backyard BBQ"		WRAL's 10 p.m. News (N)		Access	2½Men
WRDC 28	28	28	Divorce	Divorce	Judge Mathis		The People's Court		Hot Bench	Hot Bench	CSI: Miami "Last Stand"		CSI: Miami "Stoned Cold"		FunnyAsk	FunnyAsk	Dateline	
WTVD 11	11	11	ABC 11 News at 4 (N)		News (N)	News (N)	News (N)	News (N)	Jeopardy!	Wheel	SHIELD "The Sign" 1/2 (N)		SHIELD "New Life" (SF) (N)		20/20		News (N)	(:35) Kimmel
WUNC 4	4	36	Painting 1/2	Painting 2/2	NCW'end	News	PBS NewsHour (N)		Business (N)	NC Spin	W.Week (N)	Front Row	American Masters		Hawking		Amanpour/Company (N)	
CABLE CHANNELS																		
A&E	132	166	Live PD	Live PD	Live PD Live access inside the country's busiest police forces. TV14						Live PD /(:05) Live PD		Live PD Live access inside the country's busiest police forces. (L) TV14					
AMC	119	114	Movie	★★★★ Gladiator ('00, Epic) A Roman general is forced to become a gladiator. TVMA							★★★★ Pulp Fiction ('94, Cri) Two hit men cross paths with a gangster. TVMA						★ The Taking of Pelham...	
ANPL	252	252	River Monsters: Lost		Solved	Solved	Solved	Solved	Solved	Solved	Solved (N)	Solved (N)	Solved (N)	Solved (N)	River Monsters "Amazon Apocalypse" TVPG			
BET	155	155	Black-ish	Black-ish	Black-ish	Black-ish	Black-ish	Black-ish	Black-ish	Black-ish	Black-ish	Black-ish	Tales "Bodak Yellow"		The Next Big Thing		Martin	Martin
CNBC	216	216	(3:00) Closing Bell		Fast Money	Options	Mad Money		Shark Tank		Shark Tank		Shark Tank		The Profit: "Wick'ed"		Profit "NYC Bagel Deli"	
CNN	202	202	The Lead		The Situation Room		The Situation Room		OutFront		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight		CNN Tonight	
COMC	140	140	Cleveland	Cleveland	South Park	(:45) South Park		South Park	South Park	South Park	South Park	South Park	South Park	South Park	Jim Gaffigan: Noble Ape		Cellar	South Park
CSPAN	230	230	(3:00) Public Affairs Event TVG										Politics & Public Policy Today The day's major public affairs and political events. TVG					
DISC	120	120	Shark Week		Shark Week		Shark Week		Shark Week		Isle of Jaws (N)		Ghost Diver (N)		I Was Prey (N)		To Be Announced	
DISN	302	302	BigCity	BigCity	★ To Be Announced						★ Descendants 3 (', Fam)			(:40) Bizaard.	(:05) Sydney	CoopCami	Andi Mack	Raven's.
ESPN	602	26	HighNoon	Highly? (N)	Horn (N)	Interrupt (N)	SportsCenter (N)		Basketball The Tournament Quarter-final (L) TVG				X Games Minneapolis 2019 (L) TVG					
ESPN2	606	27	(3:00) NFL (N)	C. Football	Boxing (N)	Highly? (N)	Horn (N)	Interrupt (N)	Mixed Martial Arts Professional Fighters League TV14				Basketball	Basketball The Tournament Quarter-final (L) TVG				NFL Live
FREE	178	178	Movie	★★★★ Jurassic Park ('93, Sci-Fi) TV14						★★★ The Lost World: Jurassic Park ('97, Adv) TV14						Grown-ish	The 700 Club	
FOOD	452	452	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners (N)	Diners	Diners	Diners	Diners	Diners
FNC	210	210	Your World		The Five		Special Report		The Story		Tucker Carlson Tonight		Hannity		The Ingraham Angle		Fox News @ Night	
FSS	726	726	Destination	Golf Life	Focused	Spotlight	Coopers.	Pre-game	(:15) MLB Baseball Cincinnati Reds at Atlanta Braves Site: SunTrust Park (L) TVG						(:15) Braves Post-game (L)		MLB Baseball Cin./Atl.	
FX	129	128	(3:30) ★ Snatched ('17, Act) TVMA			★★★ Spy ('15, Act/Com) TVMA					★★★ The Heat ('13, Com) TVMA						Snowfall	
HALL	365	175	★ Love on the Menu (', Dra) TVG				★ The Perfect Catch ('17, Com/Dra) TVG				★ Let It Snow ('13, Rom) TVPG				Golden Girls	Golden Girls	Golden Girls	Golden Girls
HGTV	450	450	Property Brothers		Property Brothers		Property Brothers		Property Brothers		Dream H.	Dream H.	Dream H.	Dream H.	H.Hunt (N)	House (N)	House Hunt.	House
HIST	256	270	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens: Dec. (N)		Ancient Aliens (N)		(:05) The UnXplained (N)		(:05) Ancient Aliens	
LIFE	360	360	Movie	★ To Be Announced					★ To Be Announced						★ To Be Announced			
MSNBC	215	215	Deadline: White House		MTP Daily		The Beat With Ari Melber		Hardball		All In With Chris Hayes		Rachel Maddow		The Last Word		The 11th Hour	
MTV	502	502	Jersey Shore: Family		Jersey Shore: Family		Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Jersey Shore: Family	
NGEO	265	265	Lockdown		Lockdown		The Getaway		Megastructures (N)		Sunken		Buried Secrets		Drain the Oceans		Mountain	Sharks A.
NICK	314	314	(:15) Loud H.	(:35) Loud H.	(:05) Loud H.	(:25) Loud H.	Loud House	SpongeBob SquarePants		Henry Danger		★ Alvin and the Chipmunks: Chipwrecked TVG				Friends 1/2	Friends 2/2	Friends
OWN	170	256	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		20/20 on OWN		48 Hours: Evidence (N)		48 Hours: Evidence (N)		20/20 on OWN	
PARMT	145	145	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Mom	★★★ White House Down ('13, Act) TV14						★★★ White House Down	
SYFY	151	151	Movie	(:35) ★★★★ Fast Five ('11, Act) TVPG						★★★★ San Andreas ('15, Act) TV14					Killjoys (N)		Futurama	Futurama
TBN	560	560	John Hagee	Love Speaks	Praise		Metaxas	Jackson	Super.	Potter's	Praise		Super.	End of Age	Perry Stone	Watchman	Praise	
TBS	112	112	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Family Guy	Family Guy	Bob Burgers	Bob Burgers	★ Guardians of the Galaxy Vol. 2 ('17, Act)						ELeague (N)	
TCM	790	790	Movie	★★★★ Tender Comrade TVPG			(:15) ★★★★ The Facts of Life ('61, Com) TVG				★★★★★ The Philadelphia Story ('40, Com) TVPG				★★★★★ The Uninvited ('44, Hor) TVPG			
TLC	250	250	90 Day Fiancé: Before the 90 Days "Family Ties" TV14				90 Day Fiancé "Seeds of Doubt" TV14				90 Day Fiancé "Extended: Tell All: Part 2" (N) TV14				90 Day Fiancé (N)		The Family Chantel	
TNT	108	108	Bones		Bones		Bones		Bones		★★★★ Sherlock Holmes ('09, Adv) TVPG					★ Sherlock Holmes: A Game of Shado...		
TOON	325	325	Dramalsland	Dramalsland	Total/:15 Total	Victor/ Victor	TeenT.	TeenT.	Gumball	Gumball	Amer. Dad	Amer. Dad	Family Guy	Family Guy	Boondocks	Boondocks	TysonM.	RickMort
TRAVEL	254	254	Ghosts "Ghost Girl"		Ghosts of Morgan City		Ghosts "Pirate Island"		Ghosts "Irish Bend Soldier"		Ghosts of Morgan City		Ghosts of Morgan City (N)		Haunted Towns (N)		Haunted Towns	
TVLAND	138	138	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	A. Griffith	A. Griffith	A. Griffith	A. Griffith	Loves Ray	Loves Ray	Loves Ray	Loves Ray	2½Men	2½Men	Queens	Queens
USA	124	124	Law&O: SVU "Vulnerable"		Law&Order: SVU "Lust"		SVU "Disappearing Acts"		Law&Order: SVU "Angels"		★★★ The Fast and the Furious ('01, Act) TV14					(:25) Modern	(:55) Modern	(:25) Modern
WGN	180	180	JAG		JAG		JAG		Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.

Return of the laughs: Prolific comedian Whitney Cummings is back with a new Netflix special

By Shona Dustan
TV Media

WHAT'S NEW ON NETFLIX

"Whitney Cummings: Can I Touch It?"

You may be surprised at how prolific comedian Whitney Cummings is. She created and wrote both hit comedy series "2 Broke Girls" and "Whitney," produced the revival of "Roseanne" (which, sadly, imploded after its star made a controversial tweet and was condemned as racist), and is currently creating a series called "Good People" with Lisa Kudrow ("Friends") and Oscar nominee Lee Daniels ("Empire"). On top of all that, her sixth comedy special premieres Tuesday, July 30, on Netflix. Filmed in Washington, D.C., Cummings' hometown, the standup special features a broad range of topics, from women's issues (so many hilarious women's issues!) to politics and more. What topics will she "touch"? You'll have to watch to find out.

"The Letdown" Season 2

This Australian comedy follows Audrey (Alison Bell, "Tomorrow, When the War Began"), a new mom struggling with new-mom things. She's determined not to let motherhood define her completely, but her often hilarious efforts to get out and live her life tend to fail miserably. Complicating her crazy life is a narcissistic mother (Sarah Peirse, "Offspring"), a workaholic husband (Duncan Fellows, "Secret City"), and a best friend who has no idea what it's like to be as tied down as Audrey is. As she navigates the ups and downs of parenthood and struggles with her disappearing identity — some serious, difficult subject matter — Audrey keeps us in stitches with visits to her wacky mom's group, attempts to get her baby to sleep (night driving, anyone?) and more. Season 1 of "The Letdown" was released last year, and you can stream Season 2 starting Wednesday, July 31.

"Dear White People" Season 3

This critically acclaimed series sprung from a 2014 film of the same name and is now kicking off its third season. The show follows a group of students at Winchester University, a predominantly white school. Each episode follows characters like Samantha White (Logan Browning, "Powers"), a black student trying to wake up her peers to the struggles that people of color face in today's society. It's a series that will make you feel all the feelings. It swings from poignant to cheeky, heartbreaking to hilarious — it's refreshing to watch a show that not only tackles big issues such as discrimination and privilege, but also little issues that we each face daily, the things that are important to us, even though they won't change the world. It's a wonderful combination that works, and if you're not a fan already, it won't take long for you to get sucked in. The first and second seasons of the show are streaming now, and the third season lands Friday, Aug. 2.

Whitney Cummings headlines "Whitney Cummings: Can I Touch It?"

"The Red Sea Diving Resort" (2019)

On Wednesday, July 31, you can watch this action-packed film. Starring Chris Evans ("The Avengers: End Game," 2019), Sir Ben Kingsley ("Sexy Beast," 2000), Michael K. Williams ("The Wire"), Michiel Huisman ("Game of Thrones") and Greg Kinnear ("Little Miss Sunshine," 2006), the film is based on the non-fiction book "Mossad Exodus," by Gad Shimron, who was one of the agents who participated in the mass removal of Jewish Ethiopians from Sudan in the early 1980s. When the Israeli prime minister ordered Mossad to save thousands of refugees in the Sudan and deliver them to Israel, agents set up a secret base in a holiday village to facilitate the smuggling of the refugees. This true story is compelling and will keep you at the edge of your seat.

WHAT'S NEW ON HULU

"Four Weddings and a Funeral"

If you were sentient in the '90s, I'm willing to bet you remember the 1994 film that introduced the world to Hugh Grant's charmingly befuddled screen persona, which would serve him well in romcoms for years to come. Richard Curtis wrote the screenplay, and he's on board as executive producer for this new miniseries premiering Wednesday, July 31. The series was adapted for TV by Mindy Kaling and her fellow writer/producer for "The Mindy Project," Matt Warburton, and follows the young-adult ups and downs of

Logan Browning in "Dear White People"

Maya (Nathalie Emmanuel, "Game of Thrones"), Ainsley (Rebecca Rittenhouse, "Blood & Oil"), Craig (Brandon Mychal Smith, "Gridiron Gang," 2006) and Duffy (John Reynolds, "Stranger Things") — four old friends who reunite for a wedding in London. When a bombshell is dropped at the altar, what follows is a year of love, laughs, heartbreak, drama and self-reflection. And, presumably, four weddings and a funeral.

WHAT'S NEW ON AMAZON PRIME

"This Is Football"

It may seem odd to those of us who can't muster up a shred of interest in soccer, but the fact is, it's the most popular sport in the world. It's played by 250 million people in more than 200 countries, and I'm not sure if you've noticed, but the World Cup is kind of a big deal. This six-part documentary series streams Friday, Aug. 2, and examines the effect the sport has had on players and fans, from individuals to whole countries, and the stories, emotions and triumphs of those who pursue it with a passion. It features interviews and insight from legendary players and figures in the sport and delivers a look at it as a worldwide phenomenon, with filming taking place in the United States, Argentina, China, Spain, Rwanda and Iceland.